

PROJECT AT A GLANCE:

TransFormed: Better Health for Trans¹, Gender-Diverse, and Two-Spirit² Survivors of Domestic Violence/Intimate Partner Violence

PROJECT GOALS:

- To understand how domestic violence/intimate partner violence is experienced by Trans, Gender-Diverse and Two-Spirit community members in the Greater Toronto Area (GTA), in a manner that meets safety, trauma-related, and confidentiality needs
- To respond to the needs of Trans, Gender-Diverse and Two-Spirit community members through peer-led intervention approaches and capacity-building activities among Ontario health and multi-sector providers, thereby increasing access to effective and equitable health and social supports.

PROJECT OBJECTIVES:

- To establish effective partnerships between Trans, Gender-Diverse, and Two-Spirit communities and multi-sector agencies that provide services, programs, training, and/or research to support the overall needs of the communities affected by DV/IPV
- To conduct ethical, trauma-informed, community-based and mixed-method research in the GTA
- To create and disseminate health promotion tools designed by peers for Trans, Gender-Diverse and Two-Spirit survivors of DV/IPV
- To utilize research findings to develop and launch new trainings and a knowledge exchange symposium for service providers
- To evaluate all project activities (eg. partnerships, research, and knowledge exchange) for continuous quality improvement, impact and sustainability

PROJECT ACTIVITY HIGHLIGHTS:

The project brings together Trans, Gender-Diverse and Two-Spirit people and an Advisory Committee, comprised of researchers and multi-sector agencies, to examine and address current issues, challenges, and barriers to health and social supports for community members affected by DV/IPV.

A Peer Leadership Group, comprised of people with lived experience, in collaboration with the project team and the Advisory Committee, will lead community-grounded research on Trans, Gender-Diverse and Two-Spirit communities to identify unique experiences of DV/IPV, barriers to health and social supports, and promising practices in health promotion.

The Peer Leadership Group, in collaboration with the project team, will lead the design and development of relevant tools and resources to help Trans, Gender-Diverse and Two-Spirit individuals affected by DV/IPV build resilience, knowledge and awareness.

New tools and resources will be developed to train and support health and social service providers, and to enhance competencies and practices for working with Trans, Gender-Diverse and Two-Spirit individuals affected by DV/IPV.

Evaluation: Project outputs and outcomes will be evaluated on an ongoing basis and a final evaluation report will be produced.

DEFINITIONS:

¹Trans is an umbrella term referring to people with diverse gender identities and expressions that differ from stereotypical gender norms - www.ohrc.on.ca

²Two-Spirit refers to a person who has both a masculine and a feminine spirit, and is used by some First Nations people to describe their sexual, gender and/or spiritual identity - www.lgbtqhealth.ca

PROJECT LEAD



METRAC works to end gender-based violence across communities, through education, research, and policy

www.metrac.org