

## PROJECT AT A GLANCE:

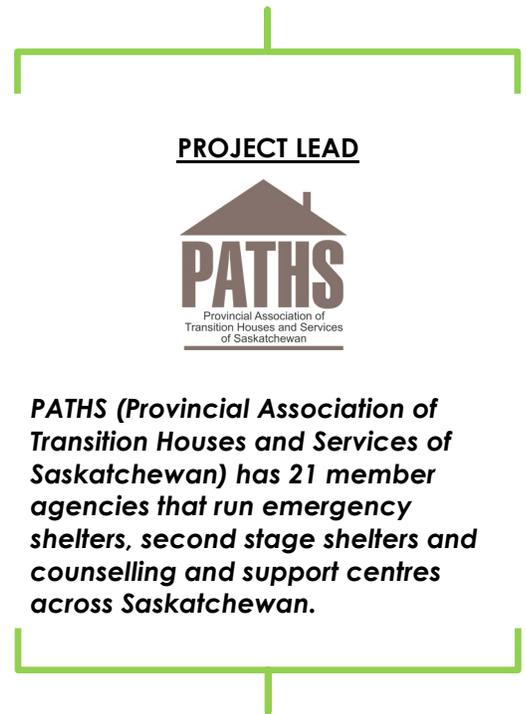
### NATO' WE HO WIN

#### PROJECT GOAL:

To design, deliver, and evaluate an innovative Indigenous cultural arts program that addresses the mental and physical health needs of Indigenous women who have experienced Intimate Partner Violence (IPV).

#### PROJECT OBJECTIVES:

- To provide trauma-and-violence informed (TVI), artistic, and cultural programming with the intention of transforming the way Indigenous women experience health and feelings of resiliency, as well as their experience of violence in their lives
- To provide a direct intervention designed to reduce symptoms of trauma with up to 120 Indigenous women who have experienced IPV and result in a program manual that can be used to facilitate similar workshops in the future
- To contribute to the body of evidence on the impacts of culturally relevant, community-based, arts-related interventions for victims of IPV
- To compile the materials from the different project locations into a manual that can be used by others wishing to facilitate a similar project



#### PROJECT ACTIVITY HIGHLIGHTS:

