### **PROJECT AT A GLANCE:**

#### **SOLE EXPRESSION: TRAUMA-INFORMED DANCE INTERVENTION**

# **PROJECT GOAL:**

To refine, implement, and evaluate a trauma-informed dance intervention that is innovative and creative and will promote healing and well-being for youth (ages 12-17) who have experienced child abuse and/or domestic violence.

#### **PROJECT OBJECTIVES:**

- To refine and pilot test a trauma-informed dance intervention for male and female youth who have experienced child abuse and/or domestic violence
- To further refine the dance intervention based on pilotstudy findings and determine a sample size for statistical significance
- To implement and evaluate a multi-site trauma-informed dance intervention in both Toronto and Muskoka/Simcoe

#### **PROJECT LEADS:**



BOOST Child & Youth Advocacy Centre is a not for profit organization dedicated to the prevention of child abuse and violence through education, awareness and community collaboration.

Ryerson University

Ryerson University is a public research university located in Toronto, Ontario.

## PROJECT ACTIVITY HIGHLIGHTS:

\*Establish \*Analyze data \*Conduct \*Continue to \*Finalize Knowledge Project Leads from the pilot individual implement Transfer plan group sessions Working interviews study and present to Group \*Implement \*Provide \*Review **Advisory** intervention \*Establish training to findings from Committee research in Pilot One and Advisory group \*Develop draft both sites Committee facilitators Two group program and dance series \*Continue to manual for \*Validitydeliver 2 group instructors in ongoing testing of \*Implement series in each Simcoe/ program traumafull delivery in other site informed Muskoka intervention in centres both sites dance intervention curriculum