



## Trauma and Violence Intervention Research: Promoting safety and well-being across the lifespan

This bulletin features information about the upcoming conference: Trauma and Violence Intervention Research: Promoting safety and well-being across the lifespan.

The Knowledge Hub continues to plan for the national Trauma and Violence Intervention Research Conference that will take place on June 9-11, 2020 in London, ON. This Conference will feature the Community of Practice projects funded through the Public Health Agency of Canada's (PHAC) investment, *Supporting the Health of Survivors of Family Violence*.

This conference is centered on the promotion of trauma-and violence-informed approaches and will enhance participants' ability to:

- Understand the cultural and historical experiences of trauma
- Apply trauma-and-violence-informed principles to service delivery
- Appreciate the role of community development and partnerships in intervention research
- Recognize and promote resilience in people who have experienced trauma
- Consider implications of trauma and violence-informed research
- Incorporate trauma-and violence-informed tools and resources to support people

We have finalized details for 5 pre-conference workshops, 7 plenaries and more than 20 breakout sessions! We are still finalizing details on additional breakout sessions. Please keep checking the [website](#) for updates.

A healing room will be available at the conference for people to access which will be supported by our Elder Myrna Kicknosway.

The code of conduct for the conference is available on our [website](#).

### Pre-conference Workshops: June 9, 2020

We have organized a variety of pre-conference workshops which will take place on Tuesday, June 9, 2020. These workshops offer opportunities to enhance learning and skills in support of trauma and violence-informed approaches with children, youth or adults.

Most workshops will occur at RBC Place with the exception of the Bounce Back League workshop which will be held at the Faculty of Education, Western University. A gymnasium is required to facilitate the experiential aspects of this workshop. A fifth workshop related to trauma and disability is being finalized.



### Pre-Conference Workshops

**Date:** June 9, 2020

**Location:** RBC Place & Western University

### Conference

**Location:** RBC Place, London, ON

**Day One: June 10, 2020**

Plenaries & Breakout Sessions:  
8:00 AM– 4:40 PM

Cocktails: 4:40 PM– 5:30 PM

Dinner: 5:30 PM– 6:30 PM

Entertainment: 6:30 PM– 7:00 PM

**Day 2: June 11, 2020**

Plenaries & Breakout Sessions:  
8:00 AM– 4:30 PM

**To register & learn more:**

<http://kh-cdc.ca/en/conference/index.html>

Financial contribution from



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[www.kh-cdc.ca](http://www.kh-cdc.ca)

## Pre-Conference Workshops : June 9, 2020 | 9:00 AM—4:00 PM

### 1) Addressing Mental Health and Well-Being Disparities Among LGBTQ+ Youth Through Structured Programming

**Facilitated By:** Dr. Alicia Lapointe, Research Scientist and Adjunct Research Professor at Western University



Alicia Lapointe

### 2) Deepening our understanding of trauma-informed sports within a community-based program: Case Study - The Bounce Back League at the Boys and Girls Clubs of Canada

**Facilitated By:** Maren Rojas – Former Women’s Soccer Coach, Boston College and Master Facilitator, Edgework Consulting and Janath Vesna –Manager, National Programs – Boys and Girls Clubs of Canada



Maren Rojas



Janath Vesna

### 3) Making mindfulness matter: Creating a culture of resiliency within the family

**Facilitated By:** Karen Bax, Ph.D., C. Psych., Assistant Professor, Western University and Sarah Wells, BA, C.T.S.



Karen Bax



Sarah Wells

### 4) Indigenous perspectives on trauma and trauma informed approaches

#### Shock and Awe: Danger Trauma-informed Practices Ahead

**Facilitated By:** Natalie Clark, Ph.D., Associate Professor, Thompson Rivers University



Natalie Clark

#### Tracing Métis Trauma through Historical and Lived Experience

**Facilitated By:** Jesse Thistle, Assistant Professor, Author, Vanier & Trudeau Scholar



Jesse Thistle

### 5) Trauma, Disability and Ableism

#### Understanding Disability Violence: Unpacking Ableism

**Facilitated by:** Kaley Roosen, Ph.D. C.Psych. (Supervised Practice), Toronto Psychology Clinic



Kaley Roosen

#### Trauma, the Past and Approaches to Healing: Disability informed approaches to trauma

**Facilitated by:** Dave Hingsburger, Director of Clinical & Educational Services, VITA Mens Sana



Dave Hingsburger

## Conference Speakers’ Spotlight

**Natalie Clark’s** work is informed by her interconnected identities including her Metis ancestry; as a parent of three Secwepemc children, and part of the Secwepemc community through kinship ties.

Natalie has over 25 years of experience in the areas of trauma and violence with a focus on healing, resistance, and coping responses to trauma, including self-harming, substance use, disordered eating and other survival responses.

[Click here to learn more about Natalie and her publications.](#)

**Alicia Lapointe** completed her doctorate degree in Equity and Inclusive Education at Western University, where she researched Gay-Straight Alliances (GSA) and student activism in Ontario public secular and Catholic high schools.

[Click here to learn more about Alicia and her publications.](#)

**Maren Rojas** served as the women’s soccer head coach at Bowdoin College for five seasons. She led the Polar Bears to five NESCAC tournament appearances and a NCAA Tournament appearance in 2007. Rojas coached 12 All-NESCAC selections and seven All-Region Selections.

**Jesse Thistle** is a Métis-Cree- Scot, Ph.D. Candidate in the History program at York University in Toronto. Check out Thistle’s memoir of hope and resilience, [From the Ashes](#).



## Conference Agenda – June 10-11, 2020

The conference consists of 7 plenary presentations, more than 20 breakout sessions, and dinner on Wednesday, June 10, 2020. We are still finalizing details on some of the plenaries and breakout sessions but are pleased to share the following information with you.

### 1) Trauma Informed – An Imperative

[Dr. Nancy Poole](#), Director of the Centre of Excellence for Women's Health, will provide an overview of the trauma-informed principles and will discuss the need for incorporating trauma-informed approaches in service delivery. [Dr. Lisa Goodman](#), Professor in the Lynch School of Education & Human Development at Boston College, will share her work on the trauma-informed practice scales that were developed to assist non-profit domestic violence programs and similar organizations to evaluate the degree to which their practices and policies follow trauma-informed principles.

### 2) Gender, Sexuality & Trauma

In the 2nd plenary, [Daniel Pugh](#), Registered Clinical Social Worker and Psychotherapist at Daniel Pugh Psychotherapy & Social Work Consulting and Sherbourne Health, will share insights about the unique relationship that sex and gender play in experiences of and response to trauma.

[Dr. Jillian Scheer](#), Postdoctoral Research Fellow at Yale University, will provide an overview of the association between trauma-informed care and the health of LGBTQ intimate partner violence survivors. She will present data on LGBTQ adults who have experienced IPV and sought healthcare services and their reported perceptions of trauma-informed care in the services they received. [Learn more about Dr. Scheer's study.](#)

### 3) Trauma-Informed Practice Within an Anti-Oppression Framework

An anti-oppression framework seeks to recognize the oppressions (eg. racism, sexism, classism) that exist in society and to identify strategies to mitigate the effects on individuals.

[Dr. Roberta Timothy](#), Assistant Professor at the University of Toronto, will discuss the importance intersectionality in psychotherapy practice and how anti-oppression psychotherapy can be used as a tool for advocacy when working with diverse communities in Canada. She will also offer suggestions and strategies for decolonizing health practices. [Diane Smylie](#), Provincial Director of the Ontario Indigenous Safety Program (SOAHAC), will continue the conversation from an Indigenous perspective by discussing embedded colonialism and the need for services to address anti-Indigenous racial discrimination.

### 4) Intergenerational Trauma

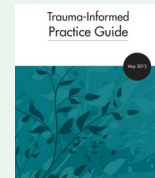
This plenary will focus on the intergenerational transmission of trauma and experiences of Indigenous peoples in Canada. [Dr. Robyn McQuaid](#), Adjunct Research Professor & Scientist at the University of Ottawa will explore the impacts and pathways of intergenerational trauma and resilience on the mental health and wellness of First Nations peoples in Canada. Using a theoretical framework of Red Intersectionality, [Dr. Natalie Clark](#), Associate Professor and Chair of the School of Social Work and Human Service at Thompson Rivers University, will share findings from an intergenerational, land-based research program for girls in the Neskonlith community.

### 5) Disability, Violence & Trauma

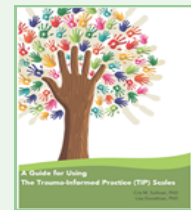
In the fourth plenary, [Dr. Kaley Roosen](#), a counselling and health psychologist will explore the unique factors that contribute to sexual violence and trauma for disabled persons. [Dr. Jeffrey Preston](#), Assistant Professor of Disability Studies at Western University will provide an understanding of ableism and exclusionary practices.

## Conference Speaker's Spotlight

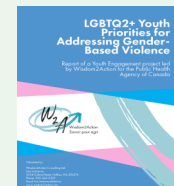
Check out the TIP guide that Nancy Poole helped develop to support the translation of trauma-informed principles into practice.



A Guide for Using the Trauma-Informed Practice (TIP) Scales developed by Lisa Goodman and Cris Sullivan.



Check out this [report](#) developed by Wisdom2Action outlining LGBTQ2 Youth Priorities for Addressing Gender- Based Violence.



[Dr. Nicolas Berthelot](#) is the co-investigator of *Supporting the transition to and engagement in parenthood in adults who experienced maltreatment as children* (STEP) project and is a Professor at the Université du Québec à Trois-Rivières. His current research focuses on the intergenerational impacts of child maltreatment.

[Click here to check out his publications.](#)

## 6) Children & Youth Experiences of Trauma

This plenary will focus on child and youth experiences of trauma. **Olson Crow**, Community Organizer and Activist, will share their personal story of being removed from their abusive home and placed into privatized care where the abuse continued. Crow will discuss how the removal from family doesn't necessarily equal safety. **Dr. Shannon Stewart**, Registered Psychologist & Associate Professor at Western University, will share research findings on the poly-victimization of children and youth referred for services in Ontario. **Dr. Nicolas Berthelot**, Professor at the Université du Québec à Trois-Rivières, will examine the impact of child maltreatment on adults who are becoming parents.

## 7) Resilience

We will close the conference with a message of hope and resilience delivered by Jean-Paul Bédard who will share how he found his way to resilience through sports.

## Conference Breakout Sessions

The conference breakout sessions on June 10-11, 2020 will mainly feature the trauma-and violence-informed health promotion projects funded through the Public Health Agency of Canada's (PHAC) investment, "Supporting the Health of Victims of Domestic Violence and Child Abuse through Community Programs". The breakout sessions will be organized and identified in the program by thematic streams including women, children & youth, non-binary population, Indigenous, body work, parenting and professional development.

*Thank you to members of the trauma-and violence-informed health promotion community of practice who submitted descriptions and learning objectives of their presentations, which will inform the conference program.*

## Registration for Community of Practice members

With the financial support of the Public Health Agency of Canada, the Knowledge Hub is able to offer two free registrations per project involved with the Community of Practice to attend the conference.

### Two people from each project are entitled to the following:

- Registration to pre-conference workshop of your choice on June 9, 2020
- Registration to conference June 10-11, 2020
- Travel, accommodation and meals to attend conference as per the National Treasury Board rates <https://www.njc-cnm.gc.ca/directive/d10/v238/s659/en#s659-tc-tm>

Please send Sara Mohamed [smoha84@uwo.ca](mailto:smoha84@uwo.ca) the names and contact information of the 2 people from your project who will be attending the conference as our guests by **February 29, 2020**. We will register these two people and connect with them to arrange travel and accommodation.

Any other people beyond the 2 identified should register themselves through our registration portal at: <http://kh-cdc.com/en/conference/index.html>

Just a reminder that Early Bird registration ends on February 29, 2020.

## Conference Speaker's Spotlight

**Dr. Shannon Stewart** is a Registered Psychologist and as Associate Professor at Western University. She is leading the international for the development of the interRAI Child and Youth mental health suite of instruments. She is also the co-investigator of the PHAC funded InterRai project.

[Click here to learn more about Dr. Stewart's work and latest publications.](#)

In his book, [Running Into Yourself](#), Jean Paul Bédard explores how running can help us nurture inner resilience, build community, and help us work through the traumas of addiction, depression, loss and anxiety.



## Knowledge Hub Team

**Linda Baker, Dianne Lalonde, Sara Mohamed, Robert Nonomura, Anna-Lee Straatman**

We would love to hear from you!  
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