

# KNOWLEDGE HUB

## BULLETIN 30



English

Français

March 2024

### CONNECTING WITH PROJECTS



The Knowledge Hub team was pleased to be able to connect with a number of projects recently on a trip to Western Canada.

We spent a lovely day on the University of Calgary Campus where we met with Dr. Patrina Duhaney and Kate Beamer in the morning. They were gracious hosts and shared with us some updates about the important work that has been done so far in the “[Fostering domestic violence prevention in Black communities](#)” project and what exciting things will come next. Given that this visit happened in Black History Month and with our commitment to honoring Black History and celebrating resilience all year long, we recorded a discussion between our Research Associate Ajirioghene Evi, and Dr. Duhaney about not only the project but what Black History Month means in the context of trauma-informed health promotion. You can check out the recording below.

In the afternoon we met with Lianne Lee from ConnectEd parents and Elena Esina from the Art of the Nudge project. The ConnectEd parents project has achieved their recruitment goals and is launching their online intervention using 3 different platforms: peer support, text-based messaging and Facebook. Check out the [KH presents recording](#) from the presentation that took place on March 7, 2024. Elena shared how they are laying groundwork to support change in attitudes and behaviours at the Calgary Police Service by working with key influencers to identify environmental nudges.



The next day we flew to Vancouver, where we met with Gabby Gonzalez Montaner from Trauma-and Violence-Informed Movement. We got a sneak peek at their brand new TVI Movement facilitator training, which has now gone live! We have each gone through the training and could not



be more impressed! You can check it out in the link below. Gabby and the team will be presenting this resource at a KH Presents! on March 27, 2024. [Please register and attend if you are interested.](#)



The following day we travelled to Surrey, BC to meet up with Meenu Dhillon and Goolnoosh Hakimian from DiverseCity. We were so fortunate to participate in a discussion with the whole team from DiverseCity and also the Stories of Strength Community Champions. Being a Community Champion not only empowers individuals to support survivors of violence but also helps dismantle the stigma and shame surrounding these issues. We were in awe of the pride and joy that radiated from the Champions

as they shared their experiences. It was inspiring to see a program that recognizes the strength of diverse communities and seeks to learn from their approaches to violence prevention.



On our final day we met with Nancy Poole from the Strong Women project. We had an enriching conversation about some new and cutting-edge research and projects related to trauma that the Centre of Excellence for Women's Health is working on related to trauma and substance use. Unfortunately, we dropped the ball and forgot to get a picture with Nancy – needless to say we were a bit tired from an action-packed week.

Thank you to everyone for taking time to meet with us! We learned so much from these meetings.

## CELEBRATING BLACK HISTORY MONTH

*It was a delightful experience connecting with Dr. Patrina Duhaney and Kate Beamer to delve deeper into the profound "Centering Black Experiences in Domestic Violence Prevention" project. However, the true highlight unfolded when Ajirioghene Evi, engaged in a purposeful dialogue with Dr. Duhaney on the significance of Black History Month in Canada. Ajirioghene's eagerness to explore the connection between Black History Month resulted in a rich and insightful conversation.*



*We invite you to immerse yourself in the enlightening video that explores the micro, macro, and mezzo factors intersecting with Black communities and domestic violence and offers valuable recommendations for fostering inclusivity within our work. This engaging discussion encapsulates*

*the essence of our commitment to understanding and addressing the complexities surrounding domestic violence in Black communities.*

## COP MEMBERSHIP CHANGES

Margaret Leslie has retired from Mothercraft. We welcome Bhupinder Heer to the Community of Practice representing the Connections for Breaking the Cycle project (C-BTC).

Marie-Ève Grisé-Bolduc is joining as a representative of the STEP program.

## PHAC STAFFING CHANGE

We wish Jessica Laurin well as she has gone on parental leave. Julie Prud'homme is stepping in for Jessica. She introduced herself at a recent community of practice meeting.



## PROJECT ANNOUNCEMENTS OR NEWS



A press conference was held at the University of Toronto on February 22, 2024 to announce funding for the RISE project which is partnering with Elder Abuse Prevention Ontario to support older adults and caregivers to prevent mistreatment.



David Burnes also authored a report for the Government of Canada: Preventing and responding to the mistreatment of older adults: Gaps and challenges exposed during the pandemic. [MOA-rpt-20230411-PDF-EN.pdf \(canada.ca\)](https://www150.comma.ca/moasrpt20230411-PDF-EN.pdf)



### **iHEAL app** [iHEAL | Home \(ihealapp.ca\)](https://iHEAL.Home(ihealapp.ca))

Developed by the iHEAL team (Marilyn Ford-Gilboe, Colleen Varcoe, and Kelly Scott-Storey), this app was designed and tested with diverse women's needs and concerns in mind. The app can be used by service providers to support women experiencing intimate partner violence to understand risk and plan for safety, and by women themselves. The app is available in English and French as a web-based app, and via Google Play and the Apple store. Congratulations to the iHEAL team who recently received a commendation from the federal Office of the Ombudsperson for Victims of Crime for this work.

## TVIPA Training Modules

### **TVI MOVEMENT PROJECT PRODUCES ONLINE COURSE**

#### **Trauma-and Violence-informed Physical Activity modules**

Check out this interactive module training series on trauma-informed physical activity, led by the Trauma-and Violence-Informed Movement project team. Explore key concepts like gender-based violence and trauma's physiological effects through dynamic discussions and real-life case studies. Whether new to trauma-informed practices or seeking to enhance existing initiatives, discover actionable strategies for creating inclusive, empowering environments through physical activity. Practical examples of trauma- and violence-informed programming include yoga, walking groups, boxing programs, and weightlifting initiatives.

[TVIPA Training Modules - Health and Wellness Equity Research Group \(carleton.ca\)](https://www.carleton.ca/equityresearchgroup/)

## KH PRESENTS



### March 27, 2024 1:30 p.m. TVI Movement

Presented by Gabby Gonzalez Montaner, Trauma-and-Violence-Informed Physical Activity.



**ConnectED Parents:** Supporting parents and caregivers to prevent adolescent dating violence through texts, peers, and their environments. Presented by Lianne Lee.

## KNOWLEDGE EXCHANGE ADVISORY COMMITTEE



We are seeking your input for the upcoming Knowledge Exchange being held June 4-5, 2024 in Montreal. An Advisory Committee has been established that will meet twice to help with planning

Please contact **Ajirioghene Evi** ([aevi@uwo.ca](mailto:aevi@uwo.ca)) or **Anna-Lee Straatman** ([astraat2@uwo.ca](mailto:astraat2@uwo.ca)) if you would like more information or to participate.

## KNOWLEDGE HUB TEAM

Ajirioghene Evi, Research Associate, [aevi@uwo.ca](mailto:aevi@uwo.ca)

Anna-Lee Straatman, Project Manager, [astraat2@uwo.ca](mailto:astraat2@uwo.ca)

Jade Vajna, Media Technician, [jvajna@uwo.ca](mailto:jvajna@uwo.ca)

Jessica Webb, Implementation Coordinator, [jwebb63@uwo.ca](mailto:jwebb63@uwo.ca)

Katreena Scott, Academic Director, [kscot47@uwo.ca](mailto:kscot47@uwo.ca)

Sabry Adel Saadi, Implementation Coordinator, Francophone, [ssaadi2@uwo.ca](mailto:ssaadi2@uwo.ca)

## THE 2024 KNOWLEDGE EXCHANGE IS FAST APPROACHING. June 4-5, 2024 in Montreal Here is your checklist:



- ✓ Book Hotel Room before May 3, 2024. June 4-5, 2024 Delta Marriott Montreal, 475 Ave, President Kennedy Ave [Book Your Group/Corporate Rate | Marriott International](#) The room rate is \$269/night.
- ✓ Register by May 17, 2024
- ✓ Book travel



## COMMUNITY OF PRACTICE MEETINGS 2024-2025. Save the dates!

Please mark these dates in your calendars. All meetings take place from 1:00- 2:30 ET on Zoom and offer opportunities for CoP members to share information about their projects, including challenges, successes and outcomes.

- May 15, 2024
- September 25, 2024
- November 6, 2024
- January 22, 2025
- March 5, 2025

## CHECK US OUT ON SOCIAL MEDIA:

**Facebook:** [facebook.com/LNandKH](https://facebook.com/LNandKH)

**LinkedIn:** [linkedin.com/company/ln-and-kh/](https://linkedin.com/company/ln-and-kh/)

**Twitter:** [twitter.com/lnandkh](https://twitter.com/lnandkh)

**Website:** <http://kh-cdc.com/>



Financial contribution from

Public Health  
Agency of Canada

Agence de la santé  
publique du Canada