## Supporting the Health of Victims of **Domestic Violence & Child Abuse through Community Programs**

Indicators to Assess Collective Impact

trauma- and violenceinformed health promotion interventions are being delivered, tested and evaluated in over 130 sites, reaching every region of Canada.



Improve health outcomes for people who have experienced violence.

Research results will be available in 2020!

## The collective impact is being measured by three common indicators

1. Mental Health	2. Strengths & Capacities	3. Social Connectedness & Supports
Reduction in: - Anxiety - Depression - Anger - Dissociation - Avoidance - Arousal - Rumination - Intrusive Thoughts - Sleep Disturbances - Post-traumatic Stress - Sexual Concerns	Increase in: - Resilience - Self-Efficacy - Adaptability - Optimism - Behavioural Regulation - Emotional Regulation - Problem-solving Skills - Leadership - Social Skills	Increase in: - Cultural Connectedness - Trust - Comfort with Others - Support - Tolerance - Social-Wellbeing - Family Relations - Caregiver-Child Relationships





