

Worksheet on TIP Principles

Consider how we are enacting the TIP principles – what are we doing now and what might be the stretch forward?

Principles	We are already		Ideas or commitments for going forth
<p>Bringing in awareness of trauma in all we do</p> <p>Social learning</p>		<p>Linking T&VI approaches to sex-gender informed, anti-racist, decolonizing, cultural safe, wellness oriented, peer support oriented, socially just, resilience oriented, intersectional, gender transformative . . . principles and practices</p>	
<p>Promoting safety – physical, emotional, social and cultural</p> <p>Building trust</p> <p>Emotional intelligence</p>			
<p>Offering opportunities for voice, choice, collaboration, connection, and control</p> <p>Democracy</p>			
<p>Honouring strengths and resilience</p> <p>Offering opportunities for skill building, increasing wellness</p> <p>Self and collective care and action</p>			