

Empowerment Through Exchange:

Trauma-Informed Solutions for Violence Prevention

Report of the Trauma-Informed Community of Practice Knowledge Exchange held June 4-5, 2024, Montréal, QC



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Knowledge Hub:

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Introduction

This report summarizes the purpose and activities of a Knowledge Exchange for the Trauma-Informed Community of Practice (CoP) which was held June 4 and 5, 2024 in Montréal, Quebec. This was the third in-person meeting of the CoP, which includes representatives from projects funded by the Public Health Agency of Canada through the *Preventing and Addressing Family Violence: The Health Perspective Investment*. Rachael Martin, Elisabeth Stuempel, Emma Lewis, and Julie Prud'homme, representatives of the Public Health Agency of Canada, attended to continue building relationships with project representatives. There are 24 projects, in addition to the Knowledge Hub, funded through this investment. To learn more about the Community of Practice members and their projects, see the KH website: Project Profiles (2022-2026) - Knowledge Hub - Western University (kh-cdc.ca). Representatives from 22 projects were in attendance.

A variety of presentations, activities, and workshops were offered during the two days to meet the objectives of the meeting. The agenda, themes and topics of these events were developed through conversations and consultation with the advisory committee. Three different meetings were held online, and attendees were provided

an honorarium for their time. This collaborative approach ensured that the plan was informed by a wide range of insights and expertise from the CoP. Descriptions of workshops and outcomes from these activities are provided below and video highlights of the meeting are available.



Knowledge Exchange highlights video

The title of the meeting was: Empowerment Through Exchange: Trauma-Informed Solutions for Violence Prevention. The objectives of the meeting were to:

- share information about trauma- and violence-informed practice in the gender-based violence (GBV) field
- create connections and collaboration among CoP members through social and learning activities
- share Indigenous approaches to addressing trauma and healing
- investigate how sustainability and collective impact could manifest for CoP members and those working in the GBV sector

Opening and closing ceremonies were conducted by Alice Echaquan, Debby Flamand, and Mélissa Coutu, who graciously shared reflections, smudging and songs to help us open and close in a good way.

Presentations

The Knowledge Exchange included several guest speakers. Dr. Nancy Poole offered workshops on how we can apply trauma and violence-informed principles and practices to community organizations. Kathryn Babcock, with Dr. Katreena Scott, presented on the GBV Database and held discussions about funding and sustainability. We were also privileged to have Alice Echaquan, Debby Flamand and Mélissa Coutu talk about trauma from the Indigenous perspective and the Atikamekw approach for healing.

Aligning trauma-informed approaches with other key frameworks: Implications for policy - Dr. Nancy Poole



Ajirioghene Evi, Nancy Poole and Anna-Lee Straatman

Over the course of three sessions, Dr. Poole provided opportunities for CoP participants to learn and discuss key developments in applying traumainformed principles and practices, to connect trauma-and violence-informed (TVI) work with other equity approaches, and to explore applying trauma-informed practice (TIP) at the agency and systemic levels.

Our first morning was spent discussing developments from the four foundations that can inform our trauma-informed work and the ways in which TIP connects knowledge from different fields including the decades of work about violence against women and safety, and wisdom from Indigenous scholars and community-based knowledge keepers. Finally, she recognized the role of neurobiology and public health research on impact of Adverse Childhood Experiences (ACEs).

The second session focussed on sharing examples of research, knowledge exchange and practice from members of the CoP and others, while linking them with equity-based approaches. We explored how TVI practice combines with sex/gender

informed and gender transformative approaches, as well as cultural safety, racial equity, and wellness and resiliency frameworks. Nancy wrapped up the morning as she led us through a discussion of the interconnectedness of TVI practice harm reduction and participant driven approaches.

Our second morning and final session was marked by a discussion of TIP within the workplace. We discussed worker and workplace wellness and how selfcare can be understood as a radical act.



Worksheet on TIP principles. Available in the CoP portal.



Dr. Nancy Poole is the Director of the Centre of Excellence for Women's Health, the Prevention Lead for the CanFASD Research Network and a Principal of the Galvanizing Equity Group. She is involved in research and knowledge exchange related to trauma-informed practice, genderinformed substance use interventions, Indigenous women's wellness, prevention of Fetal Alcohol Spectrum Disorder, and gender transformative health promotion. Nancy has co-edited 5 books with Dr. Lorraine Greaves, the most recent being Gender Unchained: notes from the equity frontier. Nancy is also known in Canada for leadership in piloting online participatory methods for knowledge generation and exchange on complex women's health issues, including virtual networks and communities of inquiry.

Powerpoint slides, handouts, and recordings of the presentations are available in the CoP portal.

Knowledge Exchange Presentations



Day 1: https://www.youtube.com/ watch?v=PQP81gumJhE



Day 2: https://www.youtube.com/ watch?v=-F3VA86JHIg

Building strong relations between community organizations and evaluators leads to better client outcomes — Kathryn Babcock and Katreena Scott

Kathryn Babcock, CEO of <u>capitalW</u> — a multidisciplinary team collaborating to build a thriving social sector in Toronto, and Dr. Katreena Scott, Academic Director of CREVAWC, provided a presentation on a newly developed GBV Database. The database has been developed as a way of better understanding funding to and sustainability of the GBV sector in Canada.

The Knowledge Hub, in partnership with capitalW and financial contribution from the Public Health Agency of Canada, created a database that compiles information from charitable organizations in Canada that submit a T3010 form to the Canada Revenue Agency and have indicated in their organizational description that they do some work related to gender-based violence.

The database provides information for the years 2018-2022 (the years for which data was available at the time of development).

As explained at the Knowledge Exchange, we are sharing access to the database with the Community of Practice but not to a wider audience for the time being.

The information in the database may cause some concerns in a general audience without greater context.

The database can be accessed here using the password that has been provided: GBV Database - Knowledge Hub - Western University (kh-cdc.ca).

Katreena and Kathryn provided opportunities for small group discussions among CoP members on sustainability and collective impact. CoP members were given the following prompt:



Kathryn Babcock is the visionary behind capitalW - a company that was born out of her conviction that the 'scarcity cycle' of nonprofit resourcing must be re-envisioned. CapitalW develops innovative approaches to mobilizing funds, specializing in providing data-driven solutions to raise money for women's issues. Kathryn's two decades in fundraising and corporate sponsorship/ partnership has enabled her to envisage allies from non-profits, private sector innovators, forward-thinking data analysts, technology developers, as well as government relations expertise to change how we think about documenting, measuring and illuminating the flow of capital from all sources (from private to public institutions) to those who implement the programmes that advance the well-being of our communities.

Communities of practice are driven by the questions that we have, individually and collectively, about how to advance and improve our work. They engage our uncertainty. Together, we'll create a list (as many as we can!) of the questions that we have about how to advance sustainability and collective impact in the gender-based violence sector (research and practice). Think about your own work, and the work of other people and organizations you know and care about.

The questions, comments, and thoughts generated by participants have been summarized here:

- What kinds of organizations might be missing from the database? For example, those that provide pregnancy-related services and those without charitable status.
- Is there a possibility for a third-party funding distribution system? For example, an organization like WOMEN CANADA that could serve as an entity to distribute all the funding.
- How can a database inform program implementation and planning? What is the practical utility for frontline/direct service staff?
- For those working with diverse communities, GBV services intersect with service needs relating to immigration, language, isolation, and many others.
 These additional needs already present financial challenges as additional funding is required to provide fulsome services.
- Can the tool include features for generating reports that highlight service gaps, demonstrate intervention impacts, and identify areas needing more resources?
- Can the database be used to provide insights into trends (who or what
 projects/initiatives are getting funding and trends in violence such as as
 increases in specific types of abuse or shifts in demographics)?
- Data exists but the readiness to act on it does not. We need the combination of good data + systems that are willing to take action. Is this the type of data that can put governments in motion? Or what do we have to do with the data to make it usable?
- How can we prevent the misuse of the data?
- Knowledge mobilization is a sustainability priority. What does actionable knowledge mobilization look like in relation to this database?
- How can we ensure that we have adequate time and resources for knowledge mobilization based on this data and not just knowledge development?
- · How can we look at this data (and the mobilization of this data) from a



Katreena Scott is a Psychologist, Professor and Director of the Centre for Research and Education on Violence Against Women and Children at Western University. Dr. Scott leads an applied research program aimed at ending violence in family relationships, with specific expertise on addressing violence perpetration in men. She has authored over 40 articles and book chapters on the development of violent relationships, the efficacy of service to male batterers, the effect of abuse and trauma on children, and on empirically and ethically sound policies for working with abuse perpetrators. The Caring Dads program that she developed (<u>www.caringdads.org</u>) is currently running in many sites across Canada, as well as in the US, UK, Ireland, Wales, Germany, Australia and Sweden. *In recognition of her* contributions to the field, Dr. Scott holds the Tier I Canada Research Chair in Ending Child Abuse and Domestic Violence.

disability justice perspective?

- How can we turn this into funding that is not just for projects, but also for long term resources?
- What else can we do beyond obtaining funding for initiatives?
- Why do certain sectors have money and others do not? What are they doing to consistently get money that our sector is not?

The next steps for the database as discussed at the knowledge exchange are as follows:

- Are there projects interested in working together on a series of steps;
- Identifying the specific problem we want to address
- Understanding flow of funding to this area/addressing this specific problem
- Documenting/demonstrating the collective impact of projects
- Working towards a potential plan/pitch for collective sustainability

We are asking if there are projects that are interested in working with us in a series of steps including considering the collective impact of interested projects and working towards a potential plan/pitch for collective sustainability.

If you are interested in exploring this further, please connect with Anna-Lee Straatman astraat2@uwo.ca. We will set up a couple of meeting times in mid-July to begin the discussion. Links to the database are available in the Community of Practice portal.

Where I come from: Healing with the holistic and Atikamekw approach — Alice Echaquan, Debby Flamand, and Mélissa Coutu

Alice, Debby and Mélissa began their presentation by talking about the profound impacts of the *Indian Act* and the intergenerational traumas that have resulted from it. They spoke about the forced removal of Indigenous children from their families to attend residential schools, where many faced abuse and neglect, and how this has left a legacy of trauma. The ongoing crisis of missing and murdered Indigenous women and children highlights the systemic racism and violence faced by Indigenous communities, contributing to a pervasive sense of insecurity and grief. Indigenous communities continue to experience systemic racism, manifesting in various forms, including forced sterilization and abuse of women. These actions have perpetuated cycles of trauma and marginalization.

Alice spoke about her sister Joyce Echaquan who died in a Quebec hospital in September 2020. <u>Joyce's Principle</u>, a response to Joyce's death, advocates for



Joyce's Principle

Joyce's Principle aims to guarantee to all Indigenous people the right of equitable access, without any discrimination, to all social and health services, as well as the right to enjoy the best possible physical, mental, emotional and spiritual health. Joyce's Principle requires the recognition and respect of Indigenous people's traditional and living knowledge in all aspects of health.

Learn more:

I support

Joyce's Principle
(principedejoyce.com)

equitable access to healthcare services for Indigenous peoples and recognizes the need for cultural safety.

Following the examination of trauma, the presentation shifted to themes of resilience and healing, highlighting the holistic Atikamekw approach. This approach plays a crucial role in facilitating the healing journey by embracing traditional practices and cultural values, supporting individuals and communities in their healing processes. Encouraging the reclamation of Atikamekw identity helps mitigate the risk of victimization and re-victimization, fostering a sense of pride and empowerment.



<u>Alice Echaquan</u>, Atikamekw Niheriwisiw Iskwew, Petapan, spiritual name. Daybreak.

- Community Worker, Sexual Assault Treatment and Prevention
- Atikamekw Nation Council
- Atikamekw sexuality researcher with Université du Québec à Chicoutimi
- Ambassador for the Office of Joyce Echaquan

"I am an Atikamekw woman from Mamawan and mother of 4 children: 3 adopted in spirit, and a beautiful 13 year old Métis daughter. I am a grandmother of a 10 month old grandson. I am the daughter of a craftsman of bark canoes and bark baskets. My father was a tourist guide from Manawan. He was a guardian of the beautiful Nitaskinan Nemiscacik territory. My mother Madeleine was a bead artist of moccasins and mittens, and an excellent cook of traditional dishes. I am the third youngest of 9 children, of which 3 are dead.

I have worked for 25 years in the fields of neglect, domestic and sexual abuse, child placement and suicide. I worked for Cirque du Soleil for 15 years, giving children in difficulty the chance to experience beautiful moments through Cirque du Monde workshops. For the past 3 years, I've been an expert in sexual assault and I'm trained in a cognitive-behavioral approach. I adapt my interventions to my Atikamekw language, values and traditions. I have been a team leader in my organization, an internal department head and a clinical supervisor. I work in collaboration with various committees to develop intervention projects adapted to my culture. I am a researcher in sexuality education to prevent sexual violence in my beautiful community and I'm a healer for my community."

"I work in collaboration with various committees to develop intervention projects adapted to my culture. I am a researcher in sexuality education to prevent sexual violence in my beautiful community and I'm a healer for my community."

-Alice Echaquan

"I love learning and raising people's awareness, educating them about aboriginal realities both in communities and in urban settings! Mikwetc!"

-Mélissa Coutu



<u>Mélissa Coutu</u>, Atikamekw Niheriwisiw Iskwew, Atikamekw de Manawan

 Social Worker, Native Friendship Centre of Trois Rivières

"Proud mother of Emrick 21 years old! As far back as I can remember, I've always had difficulties at school and was very behind in my learning. I was in groups called severe learning disabilities for most of high

school, which discouraged me and I ended up dropping out of school. Finally, I got my high school diploma at the age of 21 and went back to college at 35 with a dependent child. I did a double CEGEP program at Collège Laflèche in Childhood Education Techniques and Special Education! In 2021, I enrolled in university for a certificate in Native Intervention! I've been working in Native Friendship Centers since 2018. I also worked for the Atikamekw Nation Council on sexual assault. Then I worked for CIUSSS-MCQ as an aboriginal liaison officer! I love learning and raising people's awareness, educating them about aboriginal realities both in communities and in urban settings! Mikwetc!"



<u>Debby Flamand</u>, Atikamekw Niheriwisiw Iskwew, Atikamekw de Manawan

 Manawan Tourism Coordinator, Cultural Guardian, "Resilient and courageous"

Debby is an Atikamekw woman from Manawan, mother of 4 children and grandmother of three grandchildren. She proudly carries her role in her family and shares its values of cultural and traditional transmission.

She has worked in her community for 15 years, holding positions in leisure and recreation services, healthcare, mental health and healthy lifestyles, cultural development and tourism, not to mention her many volunteer activities. In her involvement with projects such as Dr. Stanley Vollant's Innu Meshkenu. Debby was also involved in organizing the Tapiskwan sipi expedition with Opitciwan and Wemotaci, and as a participant in numerous expeditions into Ancestral territory. She has also made a major contribution to Aboriginal tourism, bringing peoples closer together and promoting reconciliation between Nations.

Moreover, she's a woman who battles for the cause of women, her nation and other nations as a bearer of hope and peace. Her courage to fight, support and accompany women victims of violence with Local to Regional Women's groups, she attaches importance to wearing these moccasins for her resilience.

Opportunities for Connection and Collaboration



Getting to know each other and our work through Speed dating.

It was important for us to ensure that projects had time and resources to connect, reconnect and share. We prepared an icebreaker activity that resembled "speed dating" where CoP members were invited to get up out of their chairs, pair up with someone they did not know and ask them a few questions. This was repeated several times.

Our second social activity was CoP member BINGO. We created a list of identifiers that represent various aspects of the projects and jumbled them up into BINGO cards. As members learned things about one another's projects, they could mark off any of the boxes that are included on their individual BINGO card. Over the next two days,

as individuals made a line, an x, a box or fill your card, they yelled out BINGO to claim their prize! We thank the projects who provided some of the prizes for this activity. Prizes included Marvins from the Compass project, beautiful cards from Sharing the Healing Journey and also the HEAL project.



Marvin



BINGO Card



Cards from the HEAL project



Postcard from Sharing the Healing Journey

The "Brag Room" was a great addition to this year's event. Each project was invited to bring program materials or knowledge mobilization products to showcase what they have accomplished and display them on the tables provided. There were opportunities for people to explore and ask questions. Its role in promoting visibility and fostering a community of shared knowledge and support contributed to a sense of collaboration, sharing and accomplishment.





The "Brag Room"

The Design Clinic

On Tuesday evening, participants were invited to spend informal time together at Bagel, Etc, a Montreal institution, previously frequented regularly by Leonard Cohen. It was a lovely evening and we were able to enjoy the outside patio with refreshments and snacks in the Quebec tradition of a 5 à 7 event, away from the formal meeting venue.

Another activity was a Design Clinic which was developed at the Center for Community Learning at Western Washington University. The Design Clinic attempts to broaden thinking and invites brainstorming for problems. For this activity, each project was invited to identify something that was happening in their project that they would like help with, or advice on. The questions were posted on large sticky notes around the room. CoP members were invited to walk around and review the questions and offer suggestions on the large sheets of paper. The Knowledge Hub team has transferred this information to a MIRO board.

If you would like to add suggestions to any of the questions posed, please include a comment on the board.

For instructions on how to read the MIRO board, check out this <u>Talktrack</u>.



MIRO Board showcasing the discussion from the Design Clinic.

Mid-term Evaluation

As we pass the halfway point of our projects and time together, members of the KH team will be conducting a mid-term evaluation. Jenna Lopez and Ajirioghene Evi will conduct this evaluation with the aim of examining the experiences of members participating in the Trauma-Informed Community of Practice so far, as well as the effectiveness of the Knowledge Hub in implementing its activities.

This evaluation will allow us to:

- ensure accountability to our original objectives,
- provide important feedback to the Knowledge Hub about the implementation of the community of practice,
- explore the value of communities of practice for researchers and community practitioners exploring similar topics,
- ensure we are on track or find gaps we can work to improve.

The research study involves two distinct parts, and CoP members are encouraged to participate in both. First, CoP members will be invited to participate in an **online survey** that will take 20 minutes and can be completed anonymously. Second, CoP members will be invited to partake in 90-minute **focus group discussions** that will be scheduled in July and August over zoom.

Please click here to access the online survey, or scan the QR code below:



Results of the evaluation will be shared back with CoP members as well as with the Public Health Agency of Canada (PHAC) in the fall of 2024. The evaluation report will provide a comprehensive analysis of our findings, detailing the implementation progress, the effectiveness of the CoP, and the value of member participation. It will also include anonymized feedback from the focus groups and surveys, offering insights and recommendations for future improvements.

Please contact Jenna Lopez (<u>jlopez45@uwo.ca</u>) or Ajirioghene Evi (<u>aevi@uwo.ca</u>) with any questions or information regarding the evaluation.

Knowledge Exchange Evaluation Results

As the Knowledge Exchange concluded, a survey link was provided to CoP members and an invitation extended for everyone to provide feedback on the 2-day event. A QR code was displayed on the presentation screen in the conference room, provided in paper format in the members' folders, and a link to the survey was provided in an email several days after the event concluded. We received feedback from 23 of the participants who attended the Knowledge Exchange (KE) event.

Most people indicated that their time spent participating in the Knowledge Exchange event was valuable (i.e., relevant, realistic, appropriate) to their project and/or broader practice with 91.3% of respondents strongly agreeing (n=12) or agreeing (n=9) with this statement.

Similarly, almost all respondents (n=21) indicated that the Knowledge Exchange event helped them to feel a sense of community with other CoP members (69.57% strongly agreed and 21.74% agreed.

All respondents agreed (n=8) or strongly agreed (n=15) that they had opportunities and space to engage in initiatives that promoted connections, networking, and engagement throughout the KE event.

When asked if the KE contributed to, or strengthened, their knowledge related to trauma- and violence-informed practice and/or initiatives, the results were slightly more distributed. Most people agreed (47.8%, n=11) or strongly agreed (34.8%, n=8), but 17.39% disagreed (n=3) or strongly disagreed (n=1).

Respondents were asked whether the KE event contributed to or strengthened their knowledge related to identifying opportunities for sustainability of projects. Again, most respondents agreed (56.5%, n=13) or strongly agreed (21.7%, n=5), with a minority who disagreed (17.4%, n=4) or strongly disagreed (4.4%, n=1).

Respondents were asked if they had opportunities during the KE event to talk and learn about things important to them, their project, and/or their practice. A total of 82.6% of respondents agreed (n=12) or strongly agreed (n=7) with this statement. There were 3 respondents who disagreed with this statement and 1 who strongly disagreed.

ALL respondents agreed (n=12) or strongly agreed (n=11) that they made new / meaningful / exciting connections during this KE event.

Respondents were asked open-endedly to share the most valuable part of the KE event. The responses were varied with themes including:

 learning about others' work/projects and "how things are going" for others, especially when they could do this "informally"

"I found the interactive activity sessions helpful to learn more about the progression of projects and where they are at. I found there was more meaningful networks between projects since we are all more established in the work we are doing. I also found helpful the activity where people asked questions and others could weigh in with their ideas. I learned more about how our distinct project could benefits from others and vice versa."

"The KH did an amazing job, thank you! I would have loved to have a chance to get to know others and their projects in more depth. I really appreciated Dr. Poole's knowledge and humility."

- meeting/connecting/networking with other people
- interactive activities
- learning more about the experiences of trauma and violence in the Atikamekw communities
- presentation about sustainability by Katreena and Kathryn
- presentation on TVI practices and frameworks by Nancy
- the "large paper" activity

Some highlights include:

"I found the interactive activity sessions helpful to learn more about the progression of projects and where they are at. I found there was more meaningful networks between projects since we are all more established in the work we are doing. I also found helpful the activity where people asked questions and others could weigh in with their ideas. I learned more about how our distinct project could benefit from others and vice versa."

"The conversation around sustainability with Katreena and Kathryn. I also greatly appreciated checking-in with other projects and learning how things are going."

"Nancy Poole was an amazing presenter and she provided information that was relevant and helpful."

"Approches holistique Atikamekw" Atikamekw Holistic Approaches

Respondents were asked to provide any comments they would like to share about their experience at the KE event. Themes from the responses included:

- positive feedback for the KH team and presenters
- comments relating to the logistics of the event (the hotel, having time faceto-face, accessibility, the food) with some being appreciative and others suggesting improvement (better vegetarian options, more fruit and vegetables)
- requests for more interactivity and small group discussions weaved throughout the event

Some highlights include:

"The KH did an amazing job, thank you! I would have loved to have a chance to get to know others and their projects in more depth. I really appreciated Dr. Poole's knowledge and humility."

"I loved learning about the new data visualization database that was presented. As we continue to brainstorm would be great to learn how a database could inform program implementation and planning. Many people at my discussion table were program people and could not understand the bridging of data and programs. I think more discussion on this would be great!"

"Kudos to the team!
It was the best
KE event we've
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We asked respondents to provide suggestions for improvement to future events. Themes that emerged in the responses included:

- respondents wanted to hear more from other attendees about how their projects are progressing. Several people suggested more time for each project to share their results/success/journeys/challenges/milestones. One person suggested we hold an event in the fall just focused on project results.
- more interactivity and discussion between attendees
- greater diversity in speakers
- more in-depth presentations since attendees are already familiar with TVIP approaches

Some highlights include:

"Activity for future event: Have a "timeline" activity to showcase at what point in a person's journey do each of our project intervene in. Example. some may be preventative, during or post abuse/violence. having this visualization could also help projects understand how to collaborate with one another."

"Moving forward, I think really protecting the time for each team to highlight results/successes/challenges would be great. The "brag room" was a great idea but the time to connect and share was not connected. I think it would be great to have a speed session - where each team highlights aspects of their project to the entire group - followed by time for moving around the room to learn more about what you are interested in. I think a greater diversity in speakers would also help (but I understand how challenging it can be to arrange)."

"As the participants are all experts in trauma-informed approaches, the topics presented should go into greater depth. This could be, for example, to address possible threats to the survival of trauma-sensitive approaches and how to overcome them. As we are now familiar with all the funded projects, it could also be, for example, to present completely different projects that could inspire us.

It could also be, for example, a workshop on scientific popularization or knowledge mobilization. Another comment: The exhibition should be in a place where people are forced to pass by, so that they are more prominently displayed. The time slots reserved for them should also be at a time other than lunchtime. This could be, for example, a 1:00 a.m. time slot where everyone is invited to parade past all the kiosks, where an enlightening presentation is made of each project (2-3 minutes per project). Or this could be during the 5 à 7."

Finally, respondents were asked where they would like the next KE event to take place. A lot of people wrote more than one answer, so the numbers do not total 23. With that in mind, the results are in...

Location	Number of Votes
Vancouver/Victoria/BC	9
Toronto	6
Calgary	5
Ottawa	4
Montreal	3
Trois Rivières	3
Halifax/east coast	2
Banff	1

We will keep you posted regarding date and venue for next knowledge exchange as soon as some decisions are made.

Summary and Conclusion

The Knowledge Exchange for the Trauma-Informed Community of Practice (CoP) held on June 4 and 5, 2024, in Montréal, Quebec, brought together representatives from 22 of the 24 funded projects. This event facilitated in-depth discussions on trauma- and violence-informed practices within the gender-based violence field. Key contributions included workshops by Dr. Nancy Poole on applying trauma-informed principles and insights from Indigenous speakers Alice Echaquan, Debby Flamand, and Mélissa Coutu on healing and resilience.

Various interactive activities, including presentations and social engagements, fostered connections among CoP members and underscored the importance of integrating Indigenous and equity-based approaches. Presentations on the GBV Database by Kathryn Babcock and Dr. Katreena Scott highlighted the role of data in understanding funding and sustainability within the sector.

In conclusion, the Knowledge Exchange was a successful convergence of expertise and community engagement, enhancing efforts to address trauma and violence. We extend our heartfelt gratitude to all participants, presenters, and organizers for their invaluable contributions. The insights gained and relationships formed during this event will undoubtedly strengthen our collective mission to promote trauma-informed solutions for violence prevention.

A Message of Gratitude

The Knowledge Hub, a project of the Centre for Research & Education on Violence against Women & Children at Western University, extends its deepest appreciation to all participants and members of the Community of Practice. Your active engagement and thoughtful contributions have been instrumental in the success of this Knowledge Exchange. We are inspired by your dedication to advancing trauma-informed practices and fostering a collaborative community focused on preventing and addressing family violence.

A special thank you goes out to the Public Health Agency of Canada, whose funding through the *Preventing and Addressing Family Violence: The Health Perspective Program* made this event possible. Your support has been crucial in bringing together diverse voices and expertise, enabling meaningful exchanges that drive our collective mission forward. We are profoundly grateful for your continued investment in this vital work, which empowers communities and promotes sustainable, trauma-informed solutions.

Together, we are making significant strides towards a future where violence is effectively addressed, and healing is fostered through collaborative and informed practices. Thank you for being an integral part of this journey.



The Knowledge Hub team thanks you!