



# Effectiveness of Internet-Based Multicomponent Intervention for Family Caregivers and Community Organizations in Preventing and Addressing Older Adult Mistreatment



Chaire de recherche sur la maltraitance  
envers les personnes âgées  
Research Chair on Mistreatment of Older Adults

**Mélanie Couture, Ph.D.**

Associate professor and Chairholder of the Research Chair on  
Mistreatment of Older Adults  
School of social work, Université de Sherbrooke

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## Background of the project



**Recent data from 2019 show that :**

**5.9%** of older adults aged 65+ living at home in Quebec have been **mistreated** within the last year, mostly by a **family member**


(Gingras 2020).

**Context of caregiving comprises multiple risk factors for mistreatment including :**

- Functional dependency,
- Use of home care services,
- Low social support (Walsh et al., 2007).



Both the **person receiving care** and the **caregiver** can experience mistreatment (Éthier et al., 2021).

 Health promotion program

### Acknowledging and Responding to Mistreatment in CAREgiving (ARMCAR)

- By offering an **internet-based multicomponent health promotion program** called ARMCAR, the present project aims to increase knowledge of caregivers and community organizations workers and volunteers about older adult mistreatment in the context of family caregiving, as well as contribute to the prevention and management of older adult mistreatment.
- **This program comprises three online components:**
  - 1) An educational program for family caregivers on older adult mistreatment;
  - 2) An educational program for community organizations workers and volunteers on mistreatment in the context of family caregiving as well as the Model for the management of older adult mistreatment situations;
  - 3) An organizational tool to support the development of procedures and partnership for the management of these types of situations.

Four main objectives of the project



01

**ADAPT**

Two existing health promotion interventions into an internet based multicomponent program called **Acknowledging and Responding to Mistreatment in CAreregiving (ARMCAR)**



02

**IMPLEMENT**

ARMCAR to better **support community organizations and caregivers** as well as document user experiences and the barriers and facilitators to implementation



03

**EVALUATE**

Effectiveness of ARMCAR to improve **identification and reporting of mistreatment and caregivers help seeking behaviors, social support and health**



04

**DEVELOP**

Develop **knowledge mobilization** activities that share findings to support uptake and sustainability



Thank you!



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