

PROJECT AT A GLANCE:

Bounce Back League (BBL)

PROJECT GOAL:

To increase physical and mental health of members of Boys and Girls Clubs (BGC) through trauma-informed sport programming.

PROJECT OBJECTIVES:

- To design and deliver a trauma-sensitive sport and recreation program
- To train Boys and Girls Club staff on trauma-informed practice and build capacity to embed this approach throughout the organization
- To increase Boys and Girls Clubs connections to community organizations
- To determine the effectiveness of trauma-informed sport program in a Boys and Girls pilot Club through intervention research
- To engage in knowledge translation activities to share the results of our intervention research and best practices within our own BGC network, as well as with

PROJECT LEADS:



Boys & Girls Clubs
of Canada

Boys and Girls Clubs of Canada is a leading provider of quality after school and out of school programs to children and youth.

In partnership with

*Dr. Tanya Forneris, PhD
and
Edgework Consulting*

PROJECT ACTIVITY HIGHLIGHTS:

