

PROJECT AT A GLANCE:

THE P.E.A.C.E (PEER EDUCATION AND CONNECTION THROUGH EMPOWERMENT) PROJECT

PROJECT GOAL:

To develop and implement group-based activities that focus on improving resiliency and promoting healthy outcomes for human trafficking (sexually exploited) and domestic violence survivors.

PROJECT OBJECTIVES:

- Develop and implement a "lived experience" peer mentor program as a way to empower, support and facilitate learning among survivors of sexual exploitation
- Create trauma-informed groups to improve mastery, resilience, support, and encourage the development of health promotion focused activities
- Identify the physical, psychological and social barriers that prevent attainment of health and well-being
- Promote and engage human trafficked, sexually exploited and domestic violence girls and gender identified as female person(s) between the ages of 16-24 years of age

PROJECT LEADS:



Covenant House Toronto is Canada's largest shelter for homeless youth offering a wide range of services under one roof.



Centre for Addictions and Mental Health is Canada's largest mental illness and addiction hospital.

PROJECT ACTIVITY HIGHLIGHTS:

Initial Program Development and Engagement with Community Partners

- *Initial Development
- *Volunteer and Peer Mentor Recruitment, Development and Training
- *Recruitment of Participants and Introduction to Program

Development of Group Process

- *Psychoeducation regarding trauma-informed care
- *Qualitative interviews and observations

Development and Implementation of Activities

- *Develop and implement desired activities that focus on primary health promotion
- *Ensure all activities are trauma-informed

Project Summary

- *Provide best practices
- *Outline successes and challenges