

KNOWLEDGE HUB

BULLETIN 20



March/April 2021

Knowledge Hub Research Briefing Recordings are Now Available in English & French!

English

Français

The Knowledge Hub launched its Research Briefings Series in Fall 2020. This series features the projects funded through the Public Health Agency of Canada's investment, "Supporting the health of victims of domestic violence and child abuse through community programs" with a focus on research findings and its implications for policy, practice, and research.

The Research Briefings are high quality brief 10-15-minute presentations by community of practice members with a 5-minute Q&A session. The presentations feature simultaneous French interpretation and closed captioning in English. The recordings are posted on the Knowledge Hub website.

We are hosting the online presentations based on projects' end dates with priority given to projects that have already wrapped up their research and activities.

To-date, 10 Research Briefings were presented and recorded (order: newest to oldest):

- Making Mindfulness Matter (M3): Creating a Culture of Resiliency for Vulnerable Family | March 11, 2021
- Nato' we ho win: An Artistic and Cultural Program for Indigenous Women Who Have Experienced Intimate Partner Violence | March 5, 2021
- Exploring lessons learned from arts-based HIV and STI prevention programs with Northern and Indigenous adolescents in the Northwest Territories, Canada | February 18, 2021
- The Impact of The Peer Education and Connection through Empowerment (P.E.A.C.E) Project | January 28, 2021
- Building Connections: Supporting Community-Based Programs to Address Interpersonal Violence and Child Maltreatment Using Relational, Trauma-Informed Frameworks | January 25, 2021
- Lessons learned from Evaluating the Bounce Back League (BBL): Implications for Policy and Practice Moving Forward | November 26, 2020
- Using Yoga in Your Work with Women, Children, Youth and Yourself! | November 3rd, 2020
- Safe and Understood: Intervening with families to promote healthy child outcomes and prevent abuse recurrence for young child victims of domestic violence exposure | October 26, 2020
- TransFormed: Addressing Intimate Partner Violence from Two-Spirit, Nonbinary, and Trans Perspectives | September 24, 2020
- The Flourish Project: Collaborative Approaches for Supporting Survivors | September 22, 2020

The Research Briefings had a total of 4,954 registrants. Participants have shared in evaluation surveys that they have enjoyed the format of the research briefings and appreciated the resources shared through them:

“Good overview of the intervention and the research, with references for more reading. (I have already downloaded one of the journal articles.)”

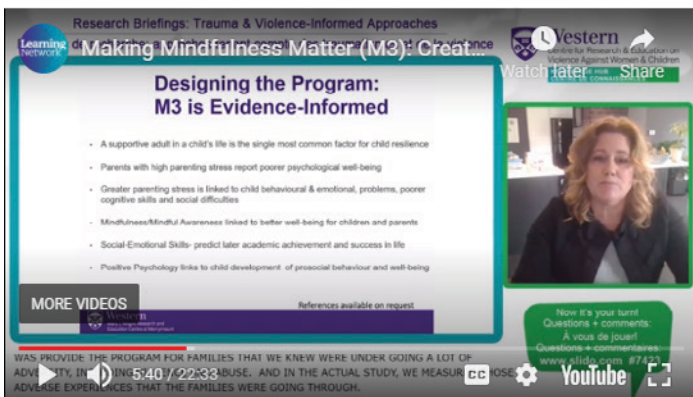
“I appreciated that it was a short introduction to a topic that I want to learn more about – It provided me with a chance to get some information and then opportunities to learn more. 20-30 minutes over lunch was perfect. Easy to commit too when things are very busy!”

“Very thorough in a short amount of time”

IN CASE YOU MISSED OUT, WE ARE EXCITED TO SHARE THE RECORDINGS OF ALL OF OUR PAST RESEARCH BRIEFINGS:

Making Mindfulness Matter (M3): Creating a Culture of Resiliency for Vulnerable Family | March 11, 2021

Nato’ we ho win: An Artistic and Cultural Program for Indigenous Women Who Have Experienced Intimate Partner Violence | March 5, 2021



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Exploring Lessons learned from arts-based HIV & STI prevention programs with Indigenous adolescents in Canada

Research Briefings: Trauma & Violence-Informed Approaches

Lessons learned from arts-based HIV & STI prevention programs with Indigenous adolescents in Canada

Contextual influences on mental health

Now it's your turn! Questions + comments. À vous de jouer! Questions + commentaires: www.slido.com #7423

FOOD INSECURITY IS A REALLY IMPORTANT FACTOR TO ADDRESS WHEN WE'RE THINKING ABOUT SEXUAL HEALTH. WE KNOW THAT A LOT AMONG ADULTS IT REALLY HASN'T BEEN LOOKED AT SUFFICIENTLY IN FOOD INSECURE CONTEXT SUCH AS

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Building Connections: Supporting Community-Based Programs to Address Interpersonal Violence and Child Maltreatment Using Relational, Trauma-Informed Frameworks | January 25, 2021

Research Briefings: Trauma & Violence-Informed Approaches

Building Connections: Supporting Community-Based Programs to Address Interpersonal Violence and Child Maltreatment Using Relational, Trauma-Informed Frameworks

Lessons Learned through the Connections Training and Consultation Process:

- A relationship-based approach motivates
- Trauma-informed knowledge leads to safety
- Certified facilitators become trauma-informed ambassadors in their agencies and communities

Now it's your turn! Questions + comments. À vous de jouer! Questions + commentaires: www.slido.com #7423

INTERVENTION AND TO PROVIDE A SPACE FOR MUTUAL LEARNING. I'M JUST GOING TO TAKE A MOMENT HERE TO NOTE AN ERROR ON THE SLIDE THAT THE CERTIFIED TRAINING COMMENCED IN JANUARY OF 2016, AND WAS COMPLETED IN JUNE OF

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Using Yoga in Your Work with Women, Children, Youth and Yourself! | November 3rd, 2020

Research Briefings: Trauma & Violence-Informed Approaches

Using Yoga in Your Work with Women, Children, Youth and Yourself!

Now it's your turn! Questions + comments. À vous de jouer! Questions + commentaires: www.slido.com #7423

TOGETHER. SHE IS ALSO A YOGA TEACHER AND HAS LEARNED SO MUCH THROUGH THIS PROJECT ABOUT HOW THE YOGA COMMUNITY AND MUST BECOME MORE TRAUMA INFORMED, INCLUSIVE

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The Impact of The Peer Education and Connection through Empowerment (P.E.A.C.E) Project

Research Briefings: Trauma & Violence-Informed Approaches

The Impact of The Peer Education and Connection through Empowerment (P.E.A.C.E) Project

P.E.A.C.E. Project Resources

March 2021

How to Use This Manual

Now it's your turn! Questions + comments. À vous de jouer! Questions + commentaires: www.slido.com #7423

ANIMALS, NATURE, POLLUTION, AND YOU JUST HAVE TO MAKE DO WITH WHAT YOU WERE GIVEN AND DO THE BEST THAT YOU CAN FOR YOURSELF. >>> AND BEFORE I TURN IT OVER TO ALL

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Lessons learned from Evaluating the Bounce Back League (BBL): Implications for Policy and Practice Moving Forward | November 26, 2020

Research Briefings: Trauma & Violence-Informed Approaches

Lessons learned from Evaluating the Bounce Back League (BBL): Implications for Policy and Practice Moving Forward

Surveys, interviews, observations, logbooks & report cards

Data Analysis: Quantitative & Qualitative

Results shared in meetings, presentations and reports to BCC

THEN WE KIND OF ANALYZE THIS QUALITATIVE AND QUANTITATIVE DATA. AND

Now it's your turn! Questions + comments. À vous de jouer! Questions + commentaires: www.slido.com #7423

[View this recording on YouTube](#)

Safe and Understood: Intervening with families to promote healthy child outcomes and prevent abuse recurrence for young child victims of domestic violence exposure | October 26, 2020

Research Briefings: Trauma & Violence-Informed Approaches

Safe & Understood: Intervening with families to promote healthy child outcomes and prevent abuse recurrence for young child victims of domestic violence exposure

MIM at CAST: Program Evaluation Results (N=65)

Significant Findings

- Increase in Self-Efficacy
- Increase in Parenting Knowledge
- Decrease in Parenting Depression and Anxiety

Trends/Approaching Significance

Perceived parental impact increased

Trauma symptoms decreased

Parental warmth and involvement increased

What did Moms Say?

- Motivation to attend: Worker suggestion & child's enjoyment
- They received social support, reduced isolation, improved relationships with children
- Relationships with children: Improved with group experience
- Suggested to attend longer group and more frequent

What Were the Most Helpful Program Aspects?

- Respectful and empathetic environment
- Developing new skills and bonding with child
- Peer support and connection

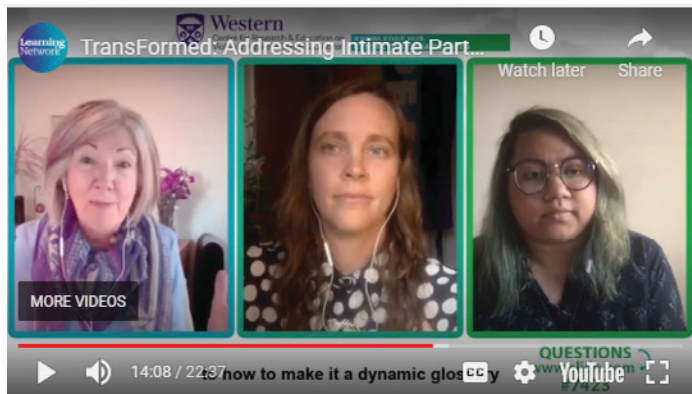
Seventy-three percent of the mothers were extremely satisfied with their MIM experience, while the remaining 27% were either somewhat satisfied or neutral.

Now it's your turn! Questions + comments. À vous de jouer! Questions + commentaires: www.slido.com #7423

RESPECTFUL AND EMPATHETIC ENVIRONMENT THAT THEY DEVELOPED NEW SKILLS TO BOND WITH THEIR CHILDREN AND THEY EXPERIENCED PEER SUPPORT AND CONNECTION. THEY TALKED ABOUT MOTIVATION TO ATTEND

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TransFormed: Addressing Intimate Partner Violence from Two-Spirit, Nonbinary, and Trans Perspectives | September 24, 2020



[View this recording on YouTube](#)

The Flourish Project: Collaborative Approaches for Supporting Survivors | September 22, 2020



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VIDEO SPOTS

The Knowledge Hub is always looking for opportunities to promote PHAC funded projects in an engaging way to Canadian communities and to help promote their resources. In March 2021, the Knowledge Hub in collaboration with a media company recorded a series of “video moments” or “video spots” featuring project members. The purpose of the video spots is to highlight the personal aspects of the projects for individuals, possible final report highlights, and insights from doing trauma and violence-informed intervention research. The Knowledge Hub developed a series of suggested questions that project members responded to. The questions included personal “aha” moments, insights, and reflections from their trauma-and violence-informed projects. Stay tuned for the video spots that will be posted on our website and shared on social media platforms!



KNOWLEDGE HUB TEAM

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WE WOULD LOVE TO HEAR FROM YOU!

Contact: smoha84@uwo.ca

CHECK US OUT ON SOCIAL MEDIA:

Facebook: [facebook.com/TheLearningNetwork](https://www.facebook.com/TheLearningNetwork)

Twitter: twitter.com/learntoendabuse

Website: <http://kh-cdc.com/>

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