

#### Toward Evidence-Based Elder Mistreatment Prevention and Response



Agence de la santé publique du Canada



# Funding – Thank you!

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- U.S. Health and Human Services,
   Administration for Community
   Living (Grant #: 90EJIG0033-01-00)







#### Ontario RISE-EAPO Team



David Burnes, PhD
Director



Andria Allen, MSW Supervisor



Steph Conant, MSW
Advocate



Chenell Small, RSW
Advocate



Marta Hajek
EAPO Chief Executive Director



Laura Proctor
EAPO Prevention Consultant



**Laura Ostler**EAPO Prevention Consultant



#### **Collaborative Team**



David Burnes, PhD Canada Research Chair University of Toronto



MT Connolly, JD University of Southern California



Patricia F.
Kimball, MS
Elder Abuse
Institute of Maine



Stuart Lewis, MD FACP Geisel School of Medicine at Dartmouth



Geoff Rogers, BA Silberman School of Social Work, Hunter College

#### **Elder Mistreatment (EM)**

Relationships Involving Expectation of Trust

Financial, Emotional/Psychological, Physical, Sexual, & Neglect

Pre-Mature Mortality Poor Physical & Mental Health, Trauma

Social Isolation

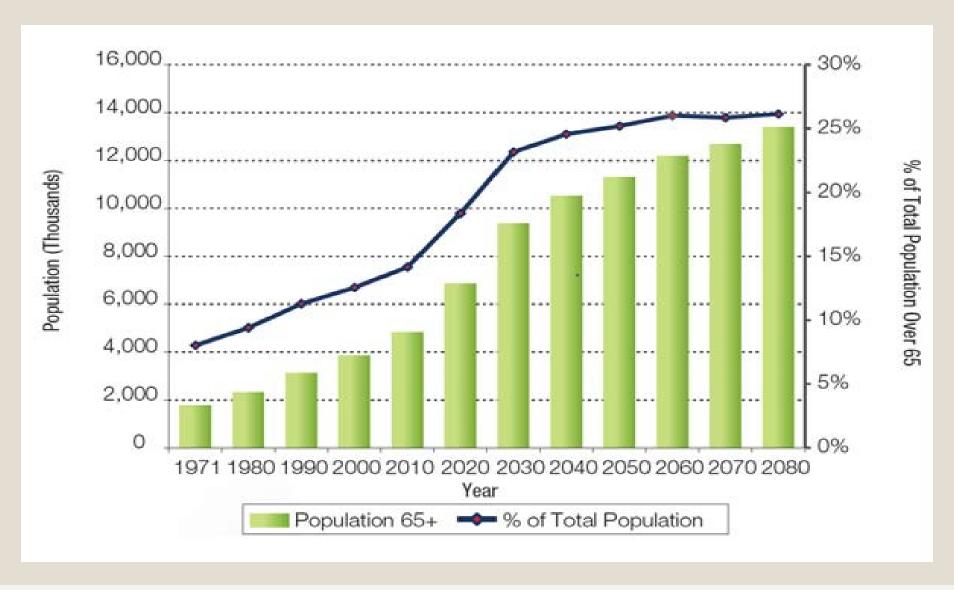
Increased
Hospitalization,
Emergency
Room, &
Nursing Home

1 in 10 older adults experience some form of elder mistreatment each year 900,000 older adult in Canada

240,000 in Ontario

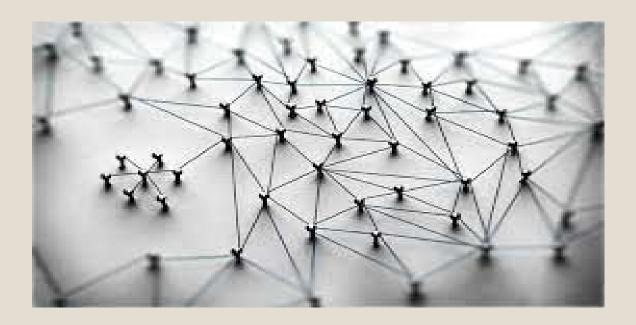
(Burnes, 2021; McDonald, 2018)

### **Backdrop of Population Aging**

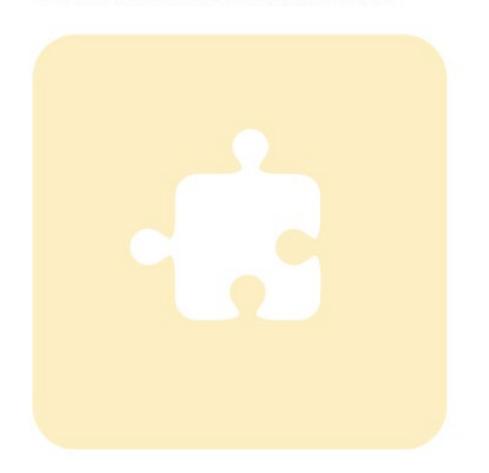


#### What Does This Mean for the Issue of EM?

In the absence of effective prevention interventions, the absolute scope of EM (number of cases) will expand in proportion with projected older adult population growth – a pressing need for EM prevention and response programs



# CURRENTLY NO SYSTEM OF PREVENTION AND RESPONSE FOR ELDER MISTREATMENT





A SOLUTION ADDRESSING SYSTEM GAP

### **RISE Development**

Prior research

**Theory** 

Consultation with survivors, older adults and stakeholders

Integration of Evidence-Based Modalities

**Pilot Testing** 

Developed based on extensive consultations from ground up as stakeholder-driven, conceptually based, model of integrated evidenced-based modalities

#### Interviews with EM Survivors

#### **Barriers to Engagement**

- Embarrassment or shame
- Self-blame or guilt
- Fear of perpetrator retaliation
- Stigma
- Problem acknowledgement
- Fear of what could happen to perpetrator
- Family preservation and reputation

#### Distressing Aspects of Victimization

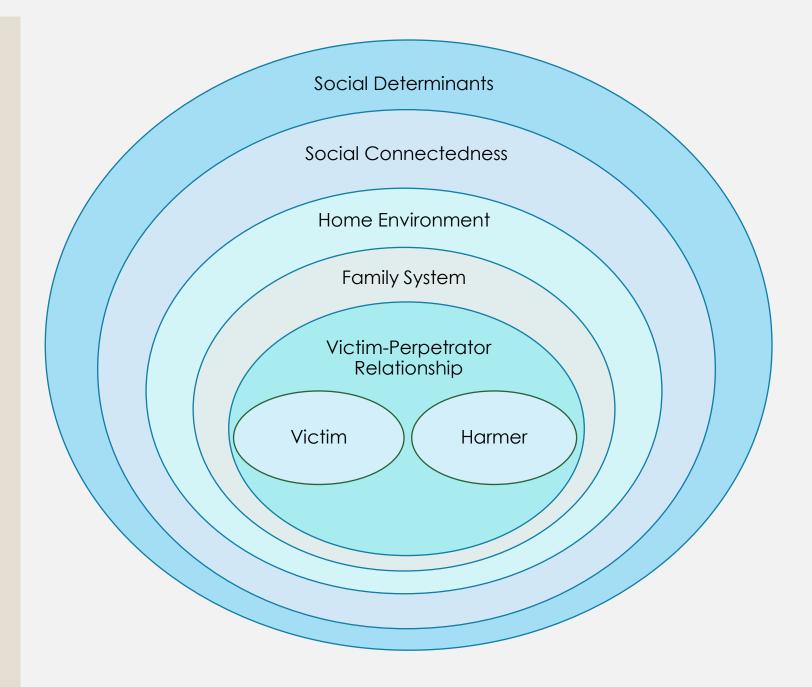
- Disbelief
- Disrespect
- Concern for perpetrator and other family members
- Fear
- Feelings of loss
- Incongruity between survivor wishes and systemic responses

EM intervention needs to go beyond arms-length case management – requires capacity to address difficult psycho-emotional-social challenges, work with others in case, have a restorative stance, develop rapport and trust

### Conceptual Frameworks Guiding RISE



# Ecological-Systems Perspective



## Relational Perspective Critical



#### **Engagement & Empowerment**

Client - Advocate Relationship

- Cultural humility, curiosity & client goals central
- Only 15% EM Vs seek help; most refuse or drop out
- Creative engagement

#### **Relationship Restoration**

Client -Harmer Relationship

- Want help for others
- Fear loss of control
- Often want restoration not punishment for harmers

#### **Strengthening Social Support**

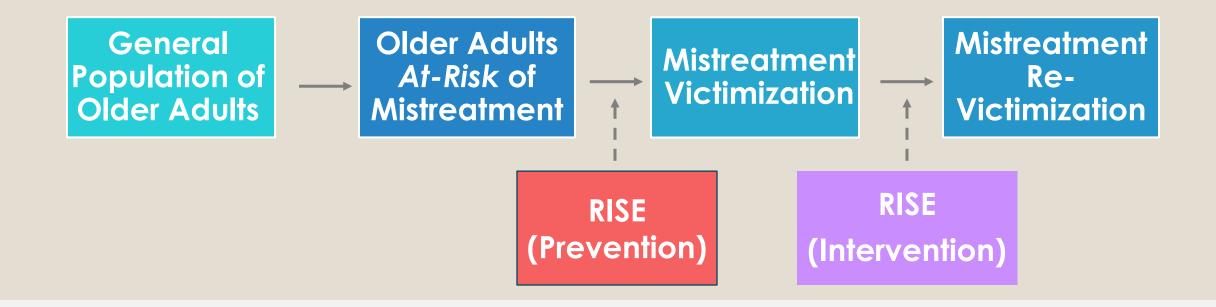
Client – Community Relationship

- Social support protective
- Informal & formal
- Shared responsibility
- More sustainable outcomes

#### RISE Prevention and Response

We work with older adults aged 60 years or older who are either **experiencing** elder mistreatment <u>or</u> **at risk** of elder mistreatment with potential for escalation without proper supports in place.

This way, we engage in both <u>prevention</u> and <u>response</u> work



#### **RISE Core Components**

Repair harm — Restorative Approach/Restorative Justice (Reduce harm & work toward transformational change)

Inspire change — *Motivational Interviewing* (Help people feel that change is possible)

Support connection — **Teaming** (Strengthen & forge informal and formal social supports around client, alleged harmer and concerned others)

Empower choice — Supported Decision-Making (Assist people with cognitive impairments to achieve their goals)

**Engagement and Goal-Setting** 



#### The RISE Model



The Gerontologist
cite as: Gerontologist, 2022, Vol. XX, No. XX, 1–8
https://doi.org/10.1093/geront/gnac083
Advance Access publication June 15, 2022



Forum

RISE: A Conceptual Model of Integrated and Restorative Elder Abuse Intervention

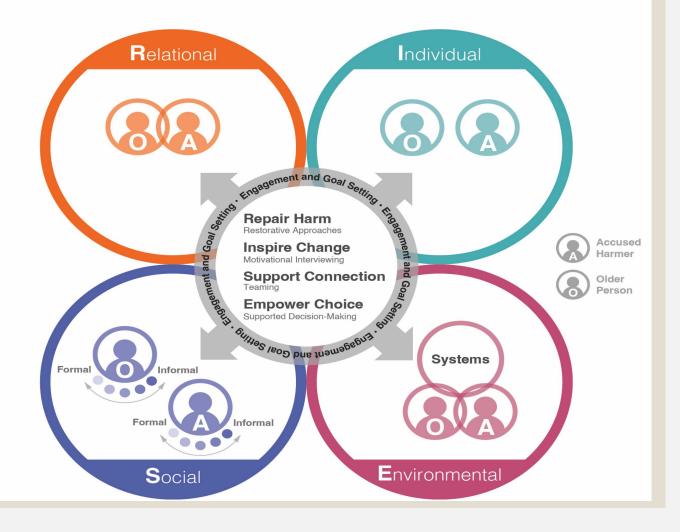
David Burnes, PhD,<sup>1,\*</sup> Marie-Therese Connolly, JD,<sup>2</sup> Erin Salvo, JD,<sup>3</sup> Patricia F. Kimball, MS,<sup>4</sup> Geoff Rogers, BA,<sup>5</sup> and Stuart Lewis, MD, FACP<sup>6</sup>

https://academic.oup.com/gerontologist/advance-article/doi/10.1093/geront/gnac083/6608975

#### The RISE Model

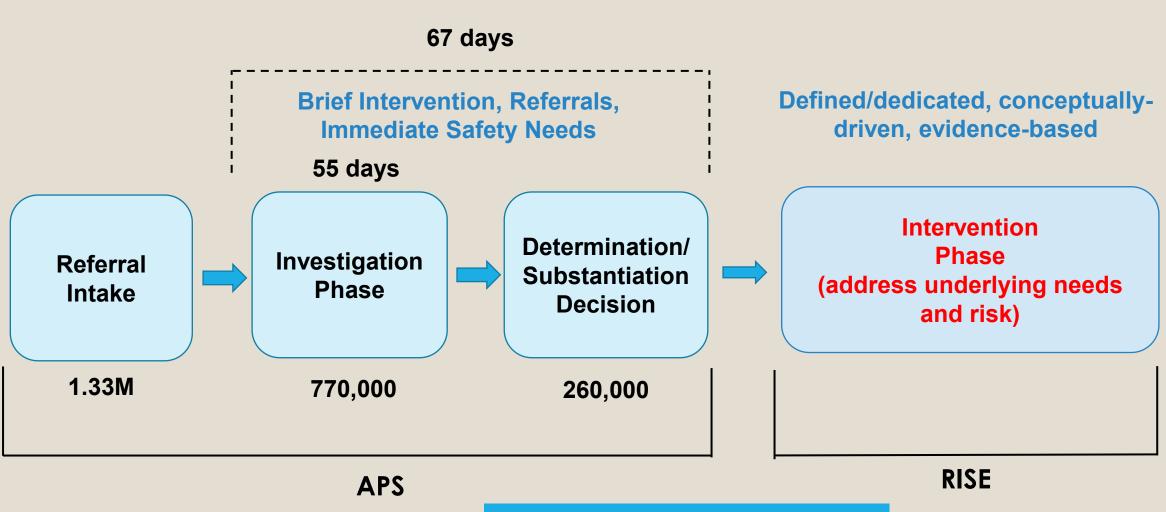
Repair Harm Inspire Change Support Connection Impower Choice

A Conceptual Model of Integrated and Restorative Elder Abuse Intervention



# RISE EXPERIENCE IN MAINE

### Addressing a Systemic EM Service Gap



**APS/RISE Partnership** 





2019 – 2021: Two-county pilot (data collection)

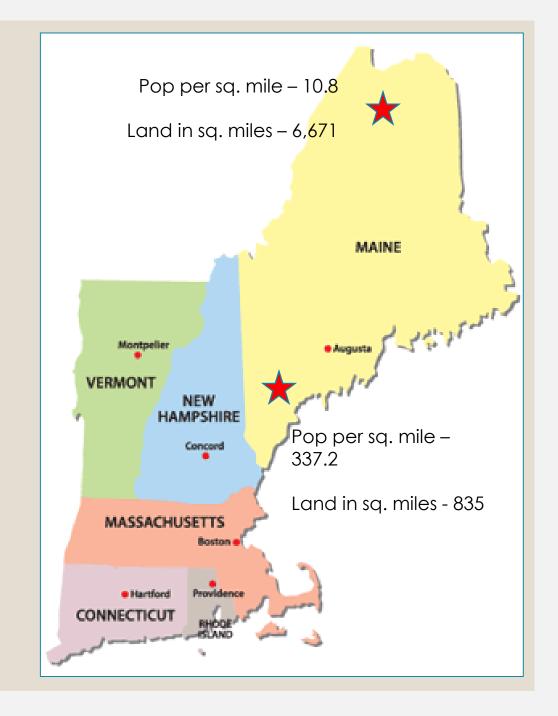
2021 - 2022: RISE expanded to entire state (16 counties)

 July 2023: Maine funds RISE as part of the state's permanent budget and increases APS budget

# APS-RISE in Maine First 5 Years (2019-2024)

- 2 Supervisors, 8 Advocates
- Approx. 1000 cases since July 2019
- Average client age 75
- Women (59.8%), Men (40.2%)
- Rural & Urban settings





# RISE Impact on System (Recidivism)

Reduced Case Recurrence by 55%

Comparing cases exposed to RISE to those cases that did not receive RISE:

 Adjusting for the fact that cases in the APS/RISE partnership were more complex/severe, cases exposed to RISE showed a significantly lower likelihood of re-referral (recidivism) back into the APS system compared to cases that were not exposed (p < 0.001)</li>

# Impact of RISE

Substantiated Self Neglect	10x Reduction in Chances of Recurrence
Substantiated Caregiver Neglect	9x Reduction in Chances of Recurrence
Substantiated Physical Abuse	3x Reduction in Chances of Recurrence
Substantiated Emotional Abuse	3x Reduction in Chances of Recurrence
Substantiated Financial Abuse	2x Reduction Chances of Recurrence

# RISE Replication and Scaling



Maine, US

Full Implementation



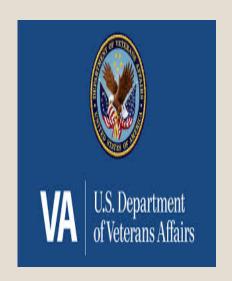
Montana, US

Training & Adaptation



New Hampshire, US

Early Implementation



Pittsburgh, PA, US

Planning

## **APS-RISE Implementation Models**

RISE/APS Complimentary Partnership (Maine, NH)

RISE Within APS Partnership (Montana)

# 1 of 6 Elder Mistreatment Interventions Selected by World Health Organization



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UN Decade of Healthy Ageing's database of promising interventions to prevent and respond to abuse of older people

Database of promising interventions to prevent and respond to abuse of older people

A product of the <u>UN Decade of Healthy Ageing intervention accelerator to prevent and respond to abuse of older people</u>

About this database (process, selection methodology, how to submit corrections

#### **Decade Action Areas**

Age-friendly Environments
Combatting Ageism
Long-term Care

#### Source Organization

UN Decade of Healthy Ageing

# 2024 US Federal Funding Opportunity to Replicate, Scale, and Evaluate RISE

#### **VIEW GRANT OPPORTUNITY**

HHS-2024-ACL-AOA-EJIG-0038

FY2024 Elder Justice Innovations Grant - Option 2

Department of Health and Human Services

Administration for Community Living

SYNOPSIS

**VERSION HISTORY** 

RELATED DOCUMENTS

PACKAGE

Expected Number of Awards:

1

Award Ceiling:

\$1,200,000

Per Budget Period

Award Floor:

\$750,000

Per Budget Period

Length of Project Period:

36-month project period with three 12-month budget periods

**Description:** The purpose of the EJIG program is to support the development and advancement of new and emerging issues related to elder justice. The funded project under this opportunity will support the replication and further validation of evidence-informed elder abuse intervention strategies that promote goal attainment scaling, restorative justice, and person-centeredness, specifically the Repair harm; Inspire change; Support connection; Empower choice (RISE) model.

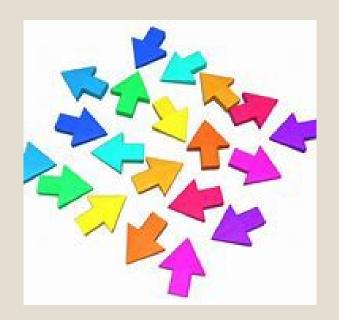
West Northeast Midwest MA # 14 CBO Northeast New Midwest East MT England Region -ND Midwest West North Central Total 1 North Central Region - Total 1 # 10 CBO #11 APS 310 clients 500 people #9 APS ID served SD by APS Middle #8 CBO 55%White st North WY 62%White Atlantic APS 55 people 23%Black 11%Asian 21%Black served cific 2500 NE Mountain UT #1 CBO CO West Pacific-KS Total 3 OK AZ South, South NM South Atlantic - Total 3 #2 APS 55.000 Central served 18%Black TX KEY South, West South Central Region - Total 1 South CBO

Figure. U.S. Census Bureau: Four geographic regions and nine divisions of the United States

#### US FEDERAL FUNDING TO REPLICATE AND EVALUATE RISE IN THREE NEW STATES

# **RISE in Ontario**

Uncoordinated/Patchwork Response System Straightforward, Coordinated Response System

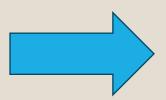








- Deep Reach Across Province 43 Elder Abuse Networks
- Public Education & Awareness
- Training
- Identify Cases
- Centralized hub





- Actual program of intervention
- Direct prevention and response work with cases
- Dedicated and focused on the issue of EM

Elder Mistreatment Response Framework in Ontario



DIRECT RESPONSE AND PREVENTION INTERVENTION

#### Randomized Control Trial Evaluation







#### **EAPO Consultation + RISE**



**Case Outcomes** 

- 104 cases
- Rural & Urban settings
- In-person,
   telephone, and
   virtual service
   delivery

- Arthur
- Belleville
- Brampton
- Brampton
- Brechin
- Brechin
- Campbellford
- Chelmsford
- Clinton,
- Drumbo
- Etobicoke
- Fergus
- Georgina,
- Guelph
- Hamilton
- Huntsville
- Keswick
- Langston
- Langton
- Leamington
- London
- London
- Markham

- Mississauga
- Newmarket
- Niagara Falls
- North York
- Orillia
- Oshawa
- Ottawa
- Petawawa
- Peterborough
- Pickering (Durham)
- Sarnia
- Scarborough
- Sault Ste. Marie
- · St. Catherine's
- Sydenham
- Thunder Bay
- Tiny
- Toronto
- Uxbridge
- Waterford
- Whitby
- Windsor
- Woodbridget



# Feasibility (Retention)

- Among clients who accept services with RISE, only 8% drop out prematurely
  - 92% voluntary retention

#### Goals Attainment Scaling

Client-Centered Measurement Strategy to Track Case Goals

Mean # Goals: 4.2

Improvement on Closed

**Goals**: 85%

Goal Target	(%)
Survivor	66.7
Harmer	14.8
Survivor-Harmer Relationship	16.0
Family	2.5

Housing

Legal

Family

Emotional Support Mental Health

Food

Finances

Safety

Social

Relationship Repair Law Enforcement

Health

Crisis/Harm

#### **Case Outcomes**

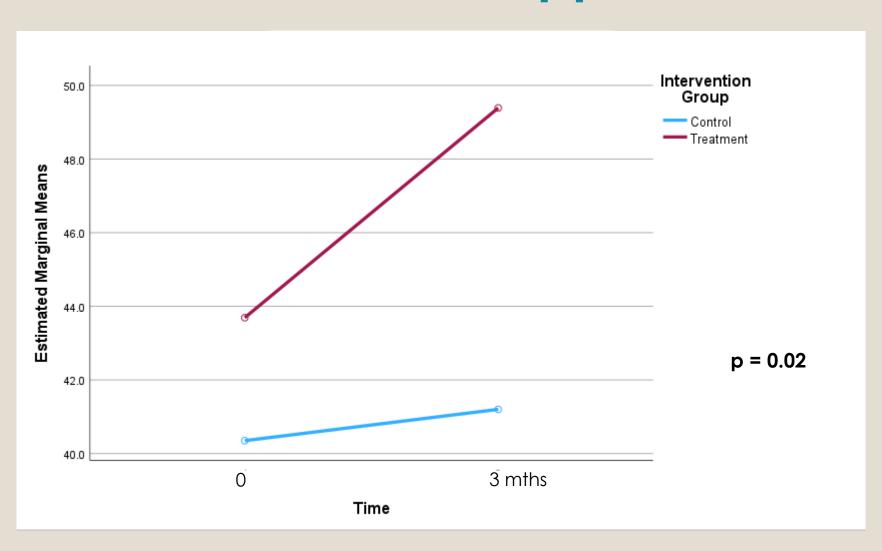
#### Randomized Control Trial Data Analysis to Date

(Prospective pre/post data collection across intervention groups via computer-assisted, telephone-based, blinded RA interviews, n = 49; Mixed between-within ANOVA)

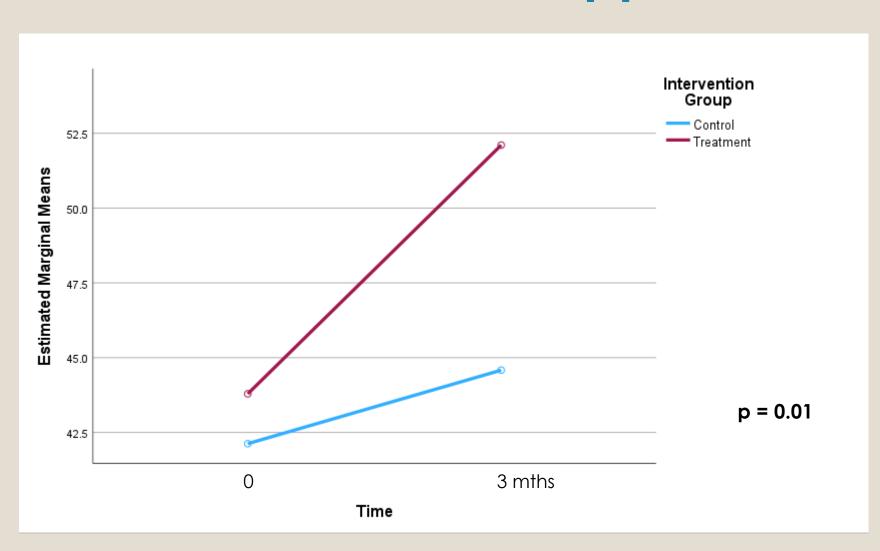
Compared to EM cases receiving brief case consultation only (n = 21), cases receiving the full case consultation/RISE prevention and response model (n = 28) demonstrate significantly (p < 0.05) greater outcomes of:

- Emotional Support (p = 0.02)
- Information Support (p = 0.01)
- Perceived Stress (p < 0.01)</li>
- Social Self-Efficacy (p < 0.001)</li>
- Total Life Satisfaction (p = 0.004)

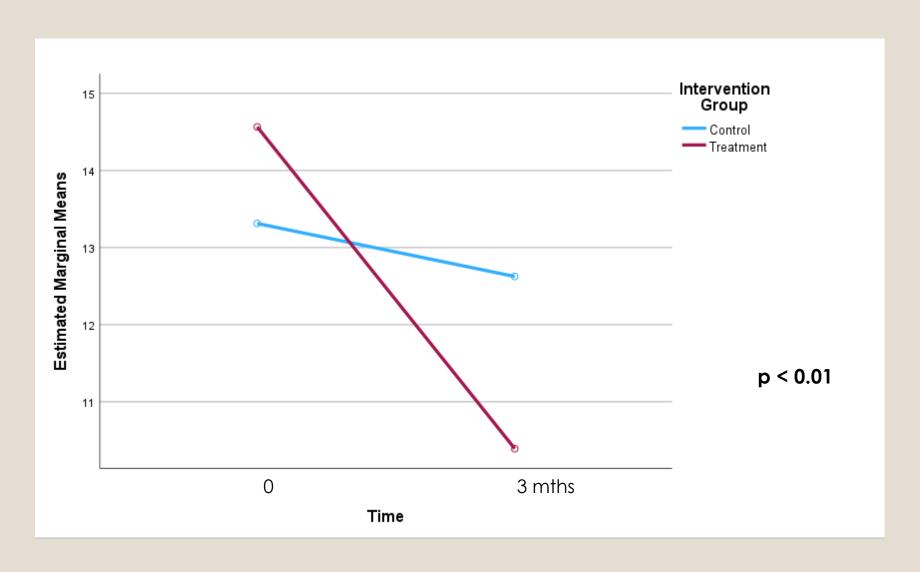
# **Emotional Support**



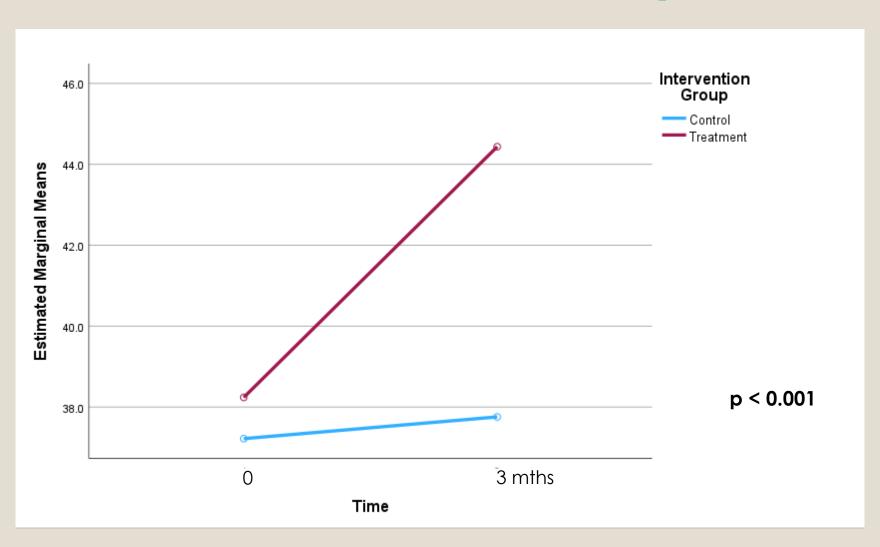
# Informational Support



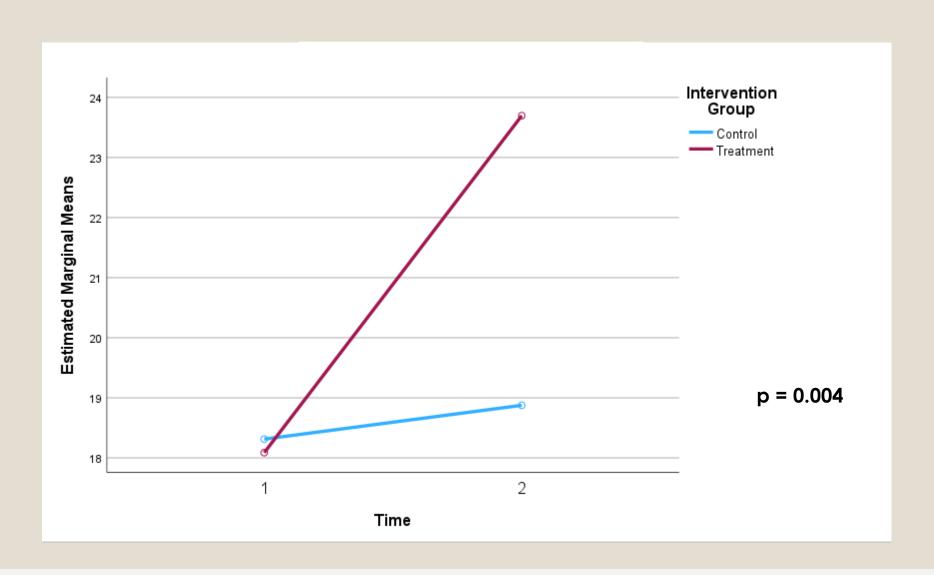
# **Perceived Stress**



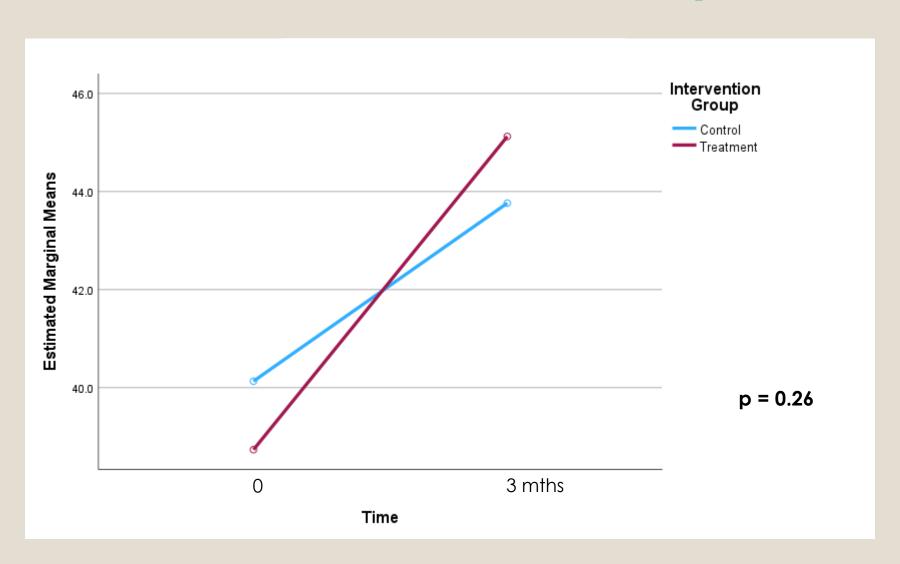
# Social Self-Efficacy



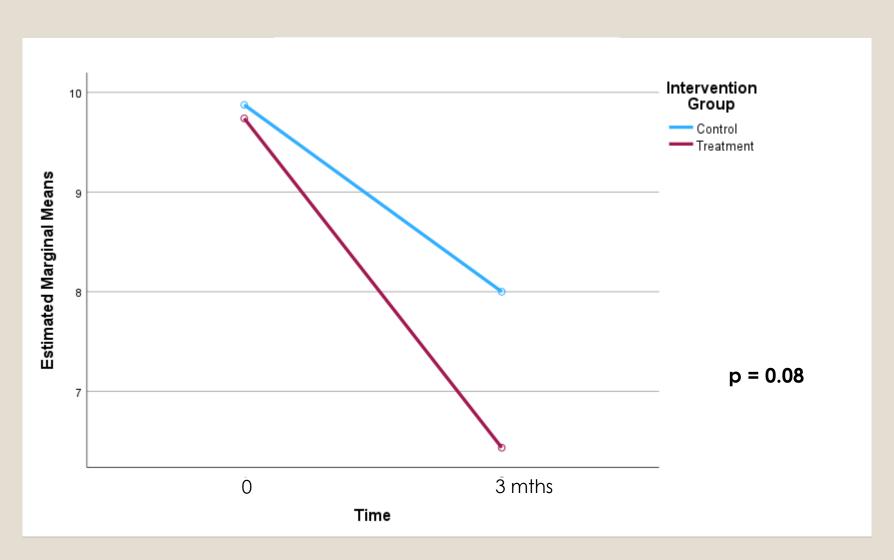
### **Total Life Satisfaction**



# **General Self-Efficacy**



## **Problem Concern**



## **Moving Toward The Future**

- Current three-year PHAC research grant ends in December 2025
- Applied for three-year gender-based-violence grant to operationalize services beyond research project and expand into Northern Ontario
- In process of applying for grant to adapt, scale, and evaluate RISE in other provincial contexts across Canada

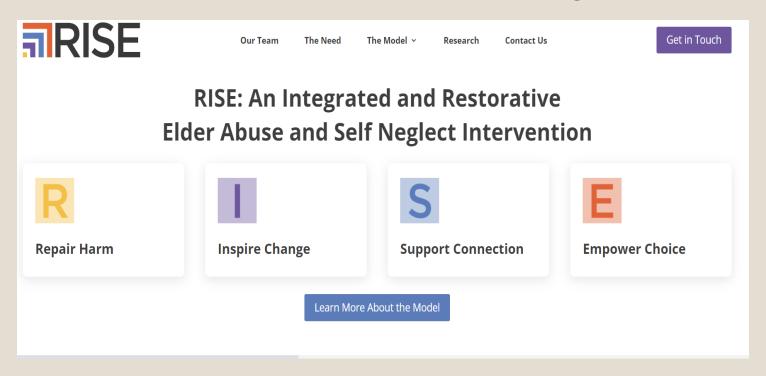
**Vision**: Build a national, evidence-based elder mistreatment prevention strategy in Canda serving diverse communities and promoting the health, well-being, and safety of older adults





#### **Website and Social Media**

risecollaborative.org



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#### RISE Research and Evaluation Articles

- <sup>o</sup> Burnes, D., Connolly, MT., Salvo, E. Kimball, P., Rogers, G., & Lewis, S. (2022a). RISE: An integrated model of elder abuse intervention. *The Gerontologist*, 63, 966-973. https://doi.org/10.1093/geront/gnac083
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- MacNeil, A., Connolly, MT., Salvo, E. Kimball, P., Rogers, G., & Lewis, S., & Burnes, D. (2022). Preliminary findings on the use of "teaming" in elder abuse intervention: The RISE project. The Journal of Adult Protection, 25, 339-350. https://doi.org/10.1108/JAP-07-2023-0019
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